

IADSA

International Alliance of Dietary/  
Food Supplement Associations

# UP TO SPEED

2019



**ASEAN + THAILAND**



# ASSOCIATION OF SOUTHEAST ASIAN NATIONS

## ASEAN Harmonisation Health Supplements Sector Update

ASEAN Member Countries



Daniel Quek  
Chairman  
ASEAN Alliance of Health Supplement Associations  
Sydney 10 April 2019

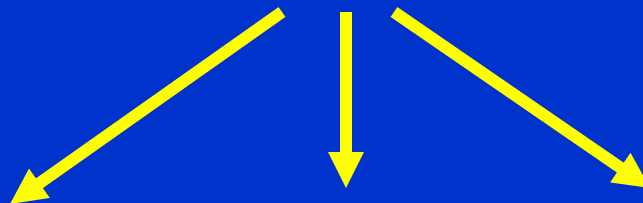
# Outline

- **ASEAN HS Harmonisation Overview**
- **Current stage of TMHS PWG progress**
- **Implementation Challenges Crucial Action 2019-2020 & Beyond**





## 3 PILLARS Targeted for 2020



**ASEAN  
SECURITY  
COMMUNITY**

**ASEAN SOCIAL  
COMMUNITY**

**ASEAN  
ECONOMIC  
COMMUNITY**

**AEC : Accelerate to 2015**

**AEC: 11 priority sectors including health supplements**

ASEAN HS industry  
representation

**ACCSQ**

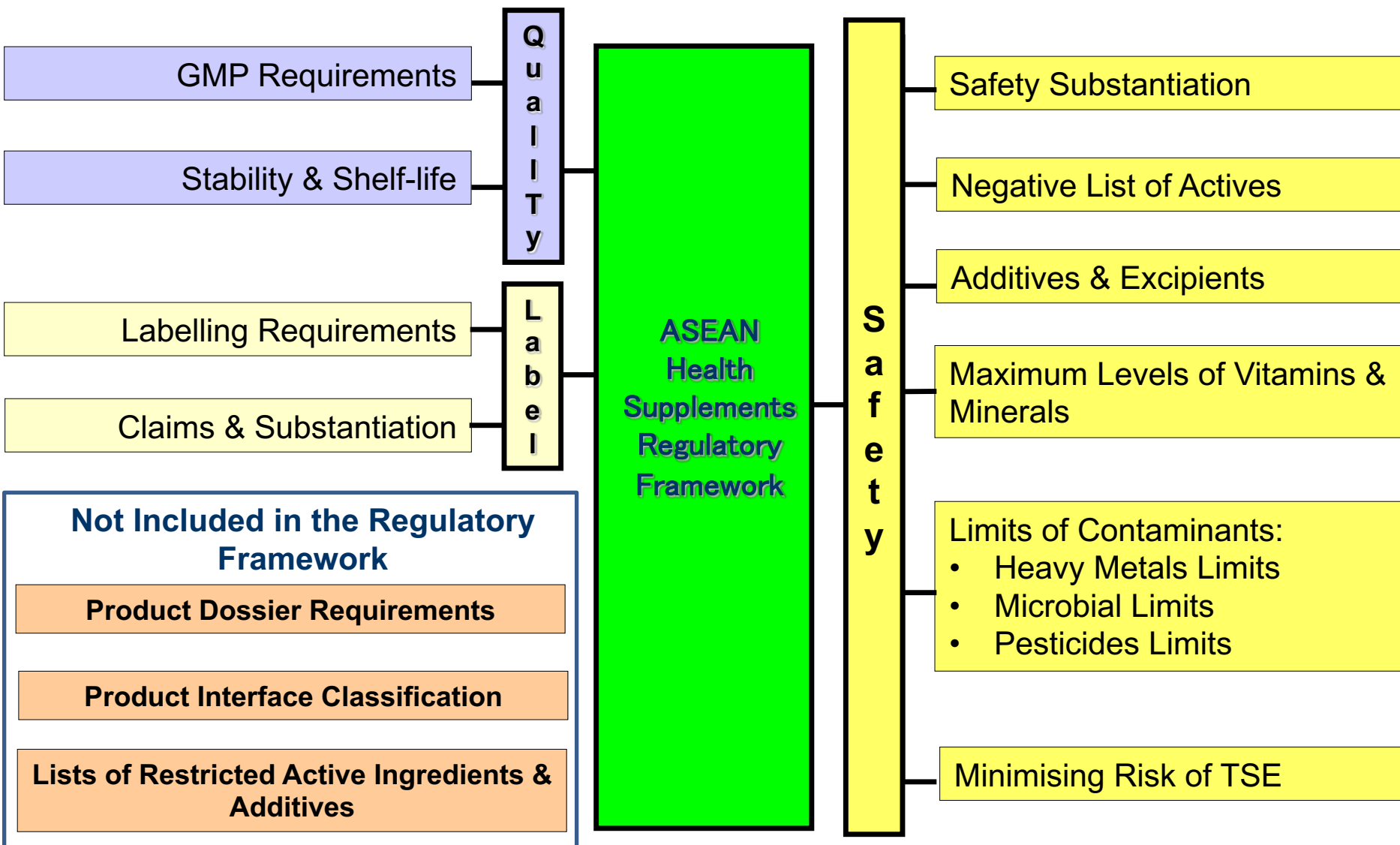
ASEAN Consultative  
Committee for Standards  
and Quality

**T**raditional **M**edicines /  
**H**ealth **S**upplements  
**P**roduct **W**orking **G**roup

## ILLUSTRATIVE ASEAN ORGANIZATIONAL STRUCTURE



# What are the standards and technical requirements for health supplements that will be harmonised in ASEAN?



# Key Phases of Harmonisation

Phase 1

- Finalisation of Agreement & Guidelines

Phase 2

- Final Endorsement by TMHS PWG

Phase 3

- Signing By AEM

Phase 4

- Ratification & Implementation

## Close to Competing Phase 2

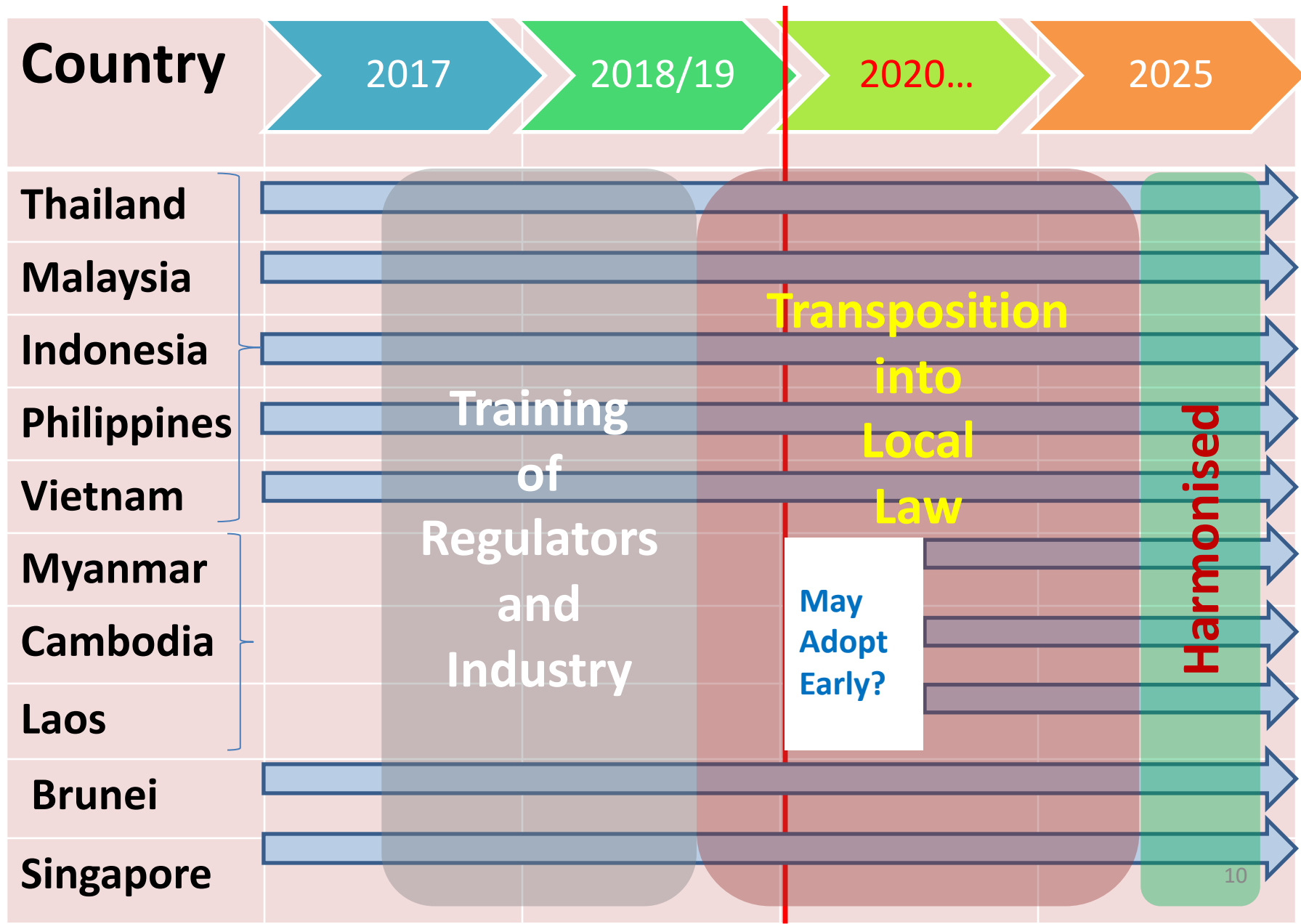
- i. The TMHSPWG has agreed on the instruments: “**ASEAN Agreement on Regulatory Framework for Traditional Medicines**” and “**ASEAN Agreement on Regulatory Framework for Health Supplements**”.
- ii. In order to clarify the term “Regulatory Framework” as used in the titles that the Agreements **do not include the harmonisation of the regulatory regimes** of TM and HS, a “**Question and Answer (Q&A)**” has been developed by TMHSPWG.

# HS Harmonisation Schedule

- **April/May 2019** = 31<sup>st</sup> TMHS PWG (Lao PDR)
- **June 2019** = Finalisation/Endorsement of the Agreement by TMHS PWG
- **July 2019 – Jan 2020** = National approval procedures
- **February 2020** = Endorsement by ACCSQ
- **April 2020** = Signing of the Agreement by AEMs
- **June 2020 – June 2025** = Ratification & Notification to ASEAN Secretariat
- **June 2025** = Full Implementation by all ASEAN

# **Crucial Action to address Implementation Challenges**

# Framework Transposed in Respective Country By?



# Crucial Actions in Preparation for Implementation = AAHSA must push in TMHS PWG & separately

## TRAINING

- Training Regulators & Industry

## LEGAL

- Transposition into local law

## TECHNICAL

- Capacity Building esp SMEs

## SPECIFIC

- Reduce Country Specific Aspects



# Support For Implementation 2019-20

- **Training for Regulators and Industry - major training programme is ongoing**
  - Stability study requirements training 4-6 October 2016
  - Safety Substantiation training 25-28 April 2017
  - GMP training 3-4 May 2017
- **2019 Key Activities**
  - **Claims Substantiation training for regulators & industry (IADSA / AAHSA )**
  - SMEs training and capacity building (AAHSA / ASEAN Regulators)
- **2020 & Beyond : Continued support for ASEAN harmonisation**
  - IADSA/AAHSA strategic and scientific guidance/support for ASEAN TMHS Committee (ATMHSC) ie after the Agreement has been signed
  - IADSA/AAHSA to drive Increased participation from National HS Associations and member companies
    - Target on minimising country specific requirements
    - Focus on consistency in guidelines applications
    - Tracking transposition to local law
    - Initiate training as required
  - AAHSA/IADSA advocacy with respective Min of Trade and Min of Health to advocate for quick adoption & transposition into local law

## Next 3 Key TMHS PWG Meetings

- 31<sup>st</sup> TMHS PWG Meeting is scheduled to be held in the Lao PDR on 29 April - 3 May 2019.
- 32<sup>nd</sup> TMHS PWG Meeting, tentatively scheduled in the October of 2019 in Kuala Lumpur/Penang.
- 33<sup>rd</sup> TMHS PWG meeting, tentatively scheduled in the 1<sup>st</sup> half of 2020 in Myanmar. \* Signing of the Agreement by AEMs.

# Action & Timeline

- TMHS PWG = Need to maintain current office bearers until 2020 / signing
  - No changes ie no rocking the boat
  - National HS Associations to push for national implementation preparation
- ASEAN Secretariat = IADSA/AAHSA visibility and push for HS Agreement signing
  - Clearly understand ASEC processes /procedures
  - Enlist ASEAN Secretary General & Team to push for implementation preparation in member countries
  - Continued involvement in ATMHSC especially on implementation challenges



# ASEAN THAILAND 2019

ADVANCING PARTNERSHIP  
FOR SUSTAINABILITY

**Thank You for Your Attention**



Daniel Quek  
Chairman  
ASEAN Alliance of Health Supplement Associations  
Sydney 10 April 2019



# *Thai FDA and ASEAN Harmonization*

Janjira Intra  
Health Food Supplement Association  
(HFSA)



## ***Thai FDA Stance***

**From the 30<sup>th</sup> meeting of ASEAN TMHS:**

- I. Thailand reported their response on the comments of the proposed modified text on the Annexes V (Stability and Shelf-life) and VIII (GMP) received from the AMS.**
- II. Thailand conducted internal consultation on Annex V and Annex VIII**
  - **Ministry of Public Health (Thai FDA, Department of Thai Traditional Medicines and Alternative Medicines)**
  - **Ministry of Foreign Affairs (Department of Treaty and Legal Affairs, Department of ASEAN Affairs),**
  - **Ministry of Commerce (Department of Trade Negotiation)**
  - **Ministry of Industry (Bureau of the Industry Standards).**

***Background***

**The consultation meeting concluded that Annexes V and VIII are “grave” constraints for both TM and HS industries in Thailand.**

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**A). Legal issues to enforce different GMP standards (PIC/S GMP vs ASEAN GMP) for TM manufacturers (TM is a pharmaceutical in Thailand)**

---

**b) Impractical enforcement of ASEAN GMP in HS manufacturers co-producing other types of food products under Thai GMP**

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**c) Technical capacities and unbearable economic burdens for both TM and HS industries**

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**d) The proposal to modify the texts in the Annexes V and VIII in order to accommodate the “grave” concerns are not the right approach in that there is high risk to various interpretations that may potentially cause trade disputes among AMS in the future upon implementation, and it does not solve the problems but a temporary measure to address the problems that will most likely re-surface in the future.**



## *Thailand Proposal:*

**Thailand withdraw the proposed modified texts in Annexes V and VIII from future consideration and requested the omission of Annexes V and VIII from the draft ASEAN Agreements for both TM and HS.**

# ***AMS Point of View (9 AMS except Thailand)***

- **Annexes V and VIII are important Guidelines and agreed to be retained in the Agreements.**
- **The guidelines provide flexibility to accommodate the differences in AMS.**
- **The proposed additional texts on Annexes V and VIII could be further discussed to accommodate Thailand 's situation, without excluding Annexes V and VIII from the Agreements.**



## ***AAHSA and AATMI Points of View***

- **AAHSA** shared that the HS industry is supportive of the flexibility on the implementation of the Guidelines, and for the AMS and industry to have common interpretations and understanding on the implementation of the Guidelines.
- **AATMI**, coming from a legal view, shared that when making a rule, not define in detail so it will not limit the future. The existing flexibility provided in the existing Guidelines is sufficient for AATMI.




# ***HOD:***

## HOD Meeting:

Option 1: Annexes V and VIII to be removed form the Agreements on TM and HS.

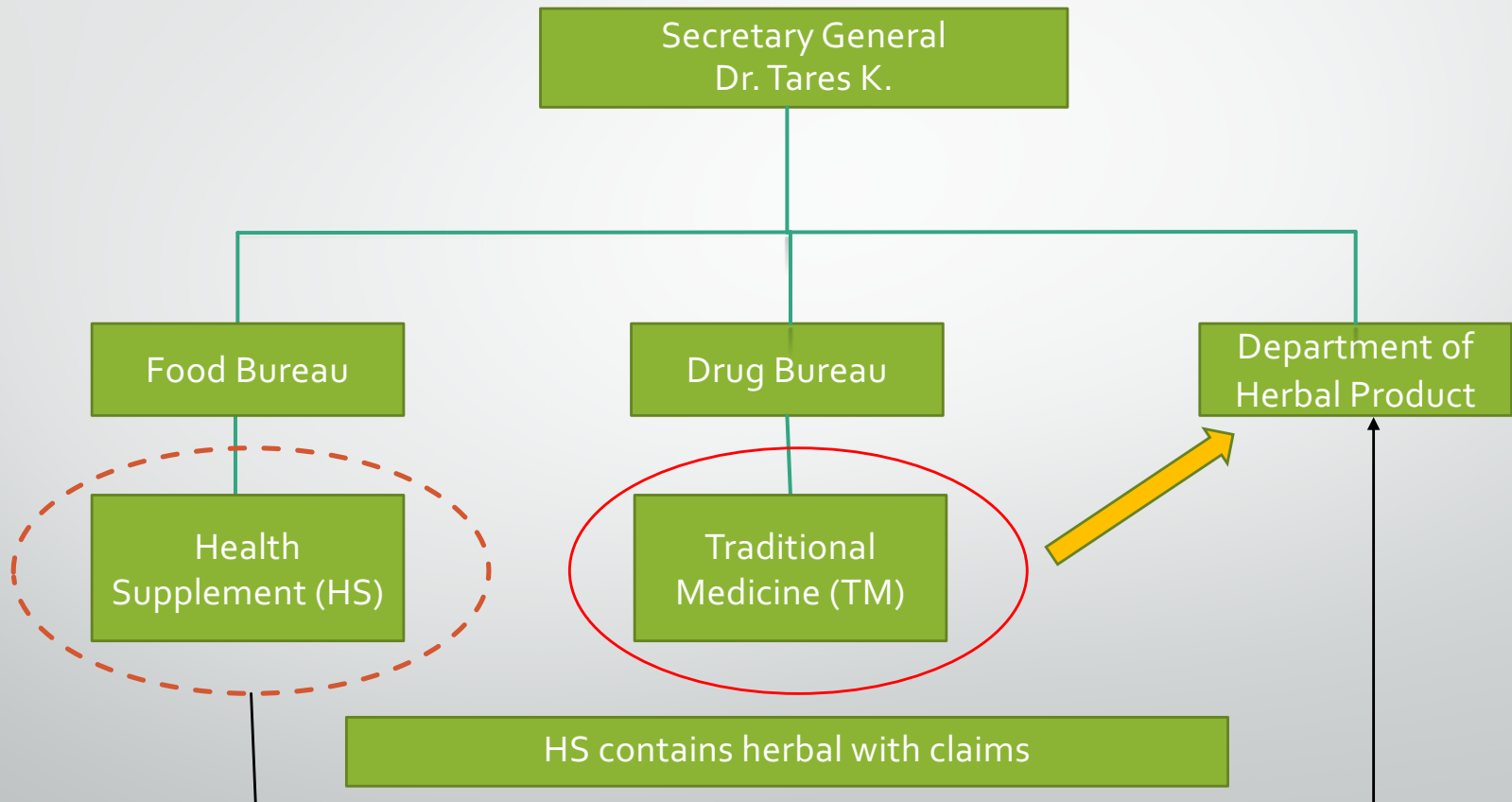
Option 2: To insert a language in Article 4 of the Agreements on TM and HS.

Option 3: To insert a language in Annexes V and VIII of the Agreements on TM and HS.



Meeting agreed to exclude Option 3 and focused on Thailand's proposal to remove Annexes V and VIII from the Agreements on TM and HS, and the 9 AMS to keep Annexes V and VIII, taking into consideration the proposed language from the ASEAN Secretariat to be inserted in Article 4 of the Agreements on TM and HS.

# Thai FDA Organization



# HFSA action plans to support HS Agreement to be signed and implementation



SUBMIT LETTER TO THAI FDA ON THE POSITIONING OF HFSA AND INDUSTRY TO SEE THE HARMONIZATION OF ASEAN. HFSA REQUESTED THAI FDA TO AGREE ON BOTH ANNEXES.



MET WITH DIRECTOR OF HERBAL PRODUCT (NEW DEPARTMENT OF THAI FDA WHICH TM WILL MOVE INTO THIS DEPARTMENT).



FROM MEETING WITH DIRECTOR OF HERBAL PRODUCT, THE DIRECTOR AGREED THAT THAILAND SHOULD ADOPT ON BOTH ANNEXES.

## What next?

HS: Thailand will agree with both Annexes.

TM: For the next meeting, TM might not be able to finalize the agreement.

If TM moves to new department, high chance for Thailand to agree on both annexes for TM.



**AUSTRALIA**



**Australian Government**

**Department of Health**

Therapeutic Goods Administration

# Australia: Leaders in Progressive Legislation

**Adjunct Prof John Skerritt**

**Deputy Secretary, Australian Department of Health**

**International Alliance of Dietary /Food  
Supplement Associations**

Sydney 10 April 2019

**TGA** Health Safety  
Regulation



# In Australia, dietary supplements are regulated either as medicines or foods in Australia

## Medicines (therapeutic good) if

- they are “represented .....or in the way in which the goods are presented.....**likely to be taken to be for therapeutic use**”

## Foods if

- there is an **Australian NZ Food Standard** relating to the product (e.g. standard 2.9.4 for Sports supplements), or
- they have a **tradition of use as foods** for humans in the form in which they are presented

## **HOWEVER:**

***If a food standard applies, making therapeutic claims or presenting the product as a medicine does not make it a medicine in law***



# Why does it matter ?

**Whether** a product is regulated as a food or medicine will determine:

- **Who regulates it**
  - The national medicines regulator (TGA), or
  - State and Territory food regulators (agencies and/or parts of health departments)
- **What information** the company sponsor is required to hold
- **What product claims** can be made, including in advertising



***An online Food-Medicine Interface tool helps in classifying dietary supplements***

# Food Medicine Interface: just because something is in a capsule or tablet form does not make it a medicine!

- Honey products
  - Vitamin gummies
  - Herbal teas
  - Androgen modulators
  - Pre-workout stimulants
  - Weight loss products
  - Adulteration of ‘food’ products
- Need to know who regulates if there are adverse reactions, packaging, tampering or illegal ingredients, or advertising issues
  - Has become more complex over recent years as health claims are made in for a wider range of products



Foods referred to  
FSANZ and  
regulated at a state  
and territory level

Therapeutic Goods  
regulated by TGA at  
a federal level



## But the rest of my presentation will consider complementary medicines

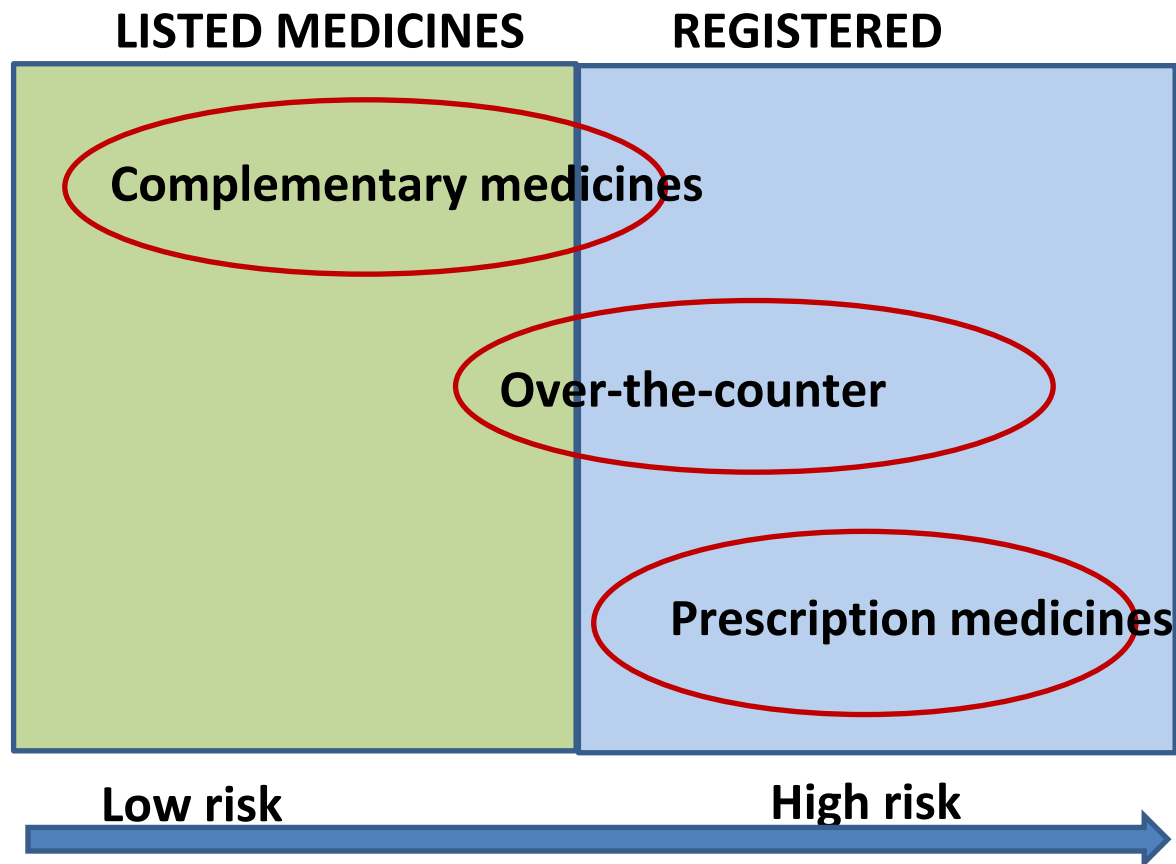
***Dietary supplements that are therapeutic goods usually are categorised as “listed” complementary medicines***

**The over 11,000 Complementary medicine** products on the ARTG contain one or more designated active ingredients, each of which has an established identity:

- Plant or herbal materials
- Vitamins and minerals, Amino acids, Essential oils
- Homoeopathic preparations
- Other substances such as: carbohydrates. Lipids, animal substances (e.g. cartilage), microorganisms ( e.g. *Acidophilus* sp)

***A major review of Australia’s regulatory system including complementary medicines was carried out between 2014 and 2016  
Reforms are being implemented between 2017 and 2020***

# A tiered system: Unless exempt, complementary medicines supplied in Australia must be in the Australian Register of Therapeutic Goods (ARTG)



# Complementary medicines are classified on their ingredients and indications (health benefits) they claim

AUST L

Listed medicines

**No premarket evaluation**

- GMP
- Permitted ingredients
- Permitted indications

**Lower risk**

AUST L(A)

Assessed Listed medicines

**Premarket evaluation for Efficacy only**

(Intermediate level & permitted indications)

- GMP
- Permitted ingredients

Can use a claimer

AUST R

Registered complementary medicines

**Full premarket evaluation for:**

- Quality
- Safety
- Efficacy

Can use a claimer

**Higher risk**





# Indications (health claims or benefits) and product classification

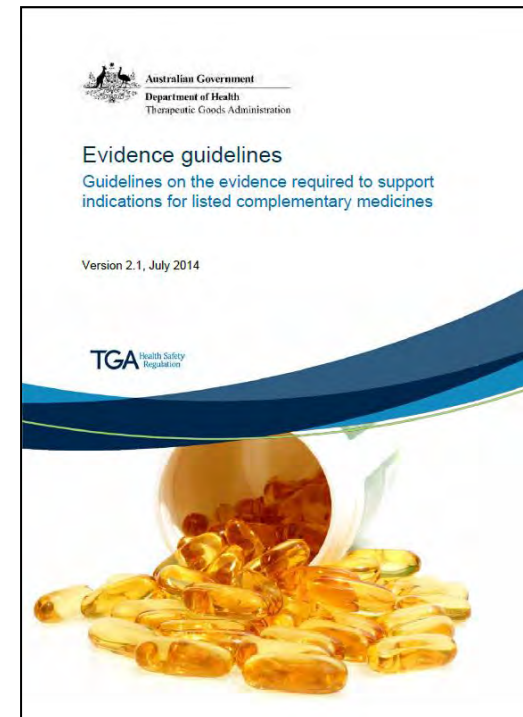
AUST L listed medicines	AUST L(A) assessed listed medicines	AUST R registered comp medicines
<p><b>A low level indication</b> may refer to:</p> <ul style="list-style-type: none"><li>• <b>health enhancement</b></li><li>• health maintenance</li><li>• prevention of dietary deficiency</li><li>• a disease, ailment, defect or injury other than a serious form of those diseases</li></ul> <p><b>Lower risk</b></p>	<p><b>Intermediate indications</b> that are not appropriate for the list of permitted indications</p> <p>Intermediate level indications may refer to:</p> <ul style="list-style-type: none"><li>• the <b>prevention, alleviation, or cure</b> of a non-serious disease/ailment</li><li>• restricted representations (i.e. a serious form of a disease)</li></ul>	<p><b>High-level indications</b> that refer to the prevention, alleviation or cure of a more <b>serious form of a disease, ailment or injury</b></p> <p><b>Higher risk</b></p>





# Evidence for AUST L listed medicines

- **Sponsor must hold evidence** for **all** indications and claims **at the time of listing**
- **Guidelines on the evidence required** provide information on:
  - types of evidence and evidence sources
  - quality and credibility of evidence
  - how to present evidence
- For a low-level **scientific specific indication**
  - need an RCT OR an observational study plus a review/ reference text/ monograph
- For a low-level **scientific non-specific indication**
  - two observational studies OR Two reviews, reference text, monograph/regulatory review





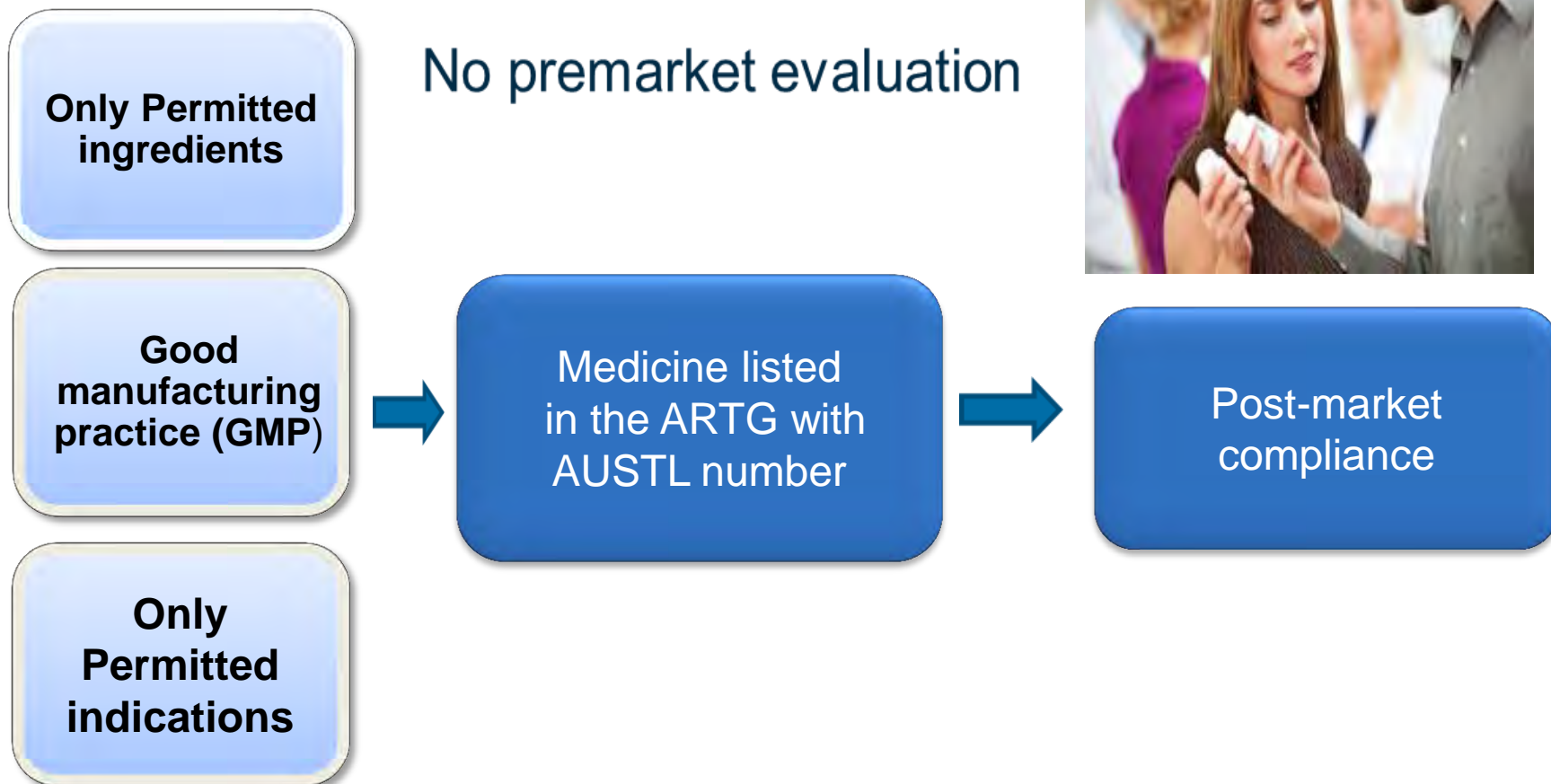
# Indications can be based on a traditional or a scientific paradigm

## Traditional indications

- present factual statements of a health benefit relating to a historical record of use **within a traditional paradigm**
- cannot make a **scientific claim of efficacy** e.g. lowers HB1Ac in diabetes
- must be **based on evidence of a history of medicinal use** of the ingredients or medicine
  - that exceeds three generations (75 years) **and**
  - is extensively recorded in recognised evidence sources for traditional medicine



# AUST L listed medicines




# Listed medicines - permitted ingredients

**Permitted ingredients**

**Good manufacturing practice (GMP)**

**Permitted indications**

- Low risk ingredients that have been specifically approved by the TGA, and present in a searchable database
- Must not contain a scheduled substance
- Some ingredients may have restrictions, such as:
  - concentration limits
  - route of administration
  - plant parts
  - type of preparation
  - container type
  - warning statements

 Australian Government  
Department of Health  
Therapeutic Goods Administration

**Therapeutic Goods (Permissible Ingredients) Determination No. 3 of 2018**

made under subsection 26BB(1) of the

*Therapeutic Goods Act 1989*

I, Michael Shum, a delegate of the Minister for Health for the purposes of subsection 26BB(1) of the *Therapeutic Goods Act 1989* (the Act), **HEREBY**:

(a) Repeal the Therapeutic Goods (Permissible Ingredients) Determination No. 2 of 2018; and

(b) Make the following determination specifying:

(i) → ingredients for the purposes of paragraph 26BB(1)(a) of the Act; and

(ii) → requirements applying to those ingredients for the purposes of paragraph 26BB(1)(b) of the Act.

Dated this 21 September 2018

(Signed by)

Michael Shum  
Delegate of the Minister for Health

Section Break (Next Page)

Included in a  
legislative  
instrument

# Market exclusivity for new ingredients

- A successful applicant for a new permitted ingredient may **'opt in' to have 2 years exclusive use** of that ingredient
- The applicant can assign rights of use of that ingredient to others
- **At the end of the exclusivity period,** any company can include the ingredient in their listed medicine product





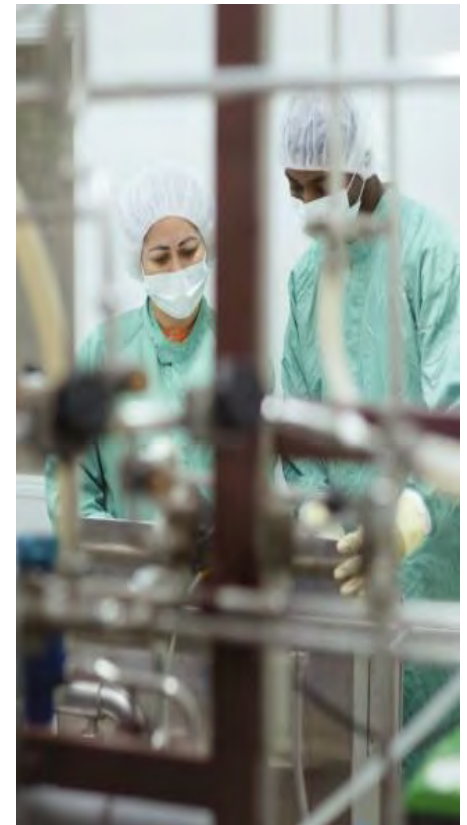
# Good manufacturing practice

Permitted  
ingredients

Good  
manufacturing  
practice (GMP)

Permitted  
indications

- **Good manufacturing practice (GMP)**
  - all listed medicines **MUST** be manufactured under the principles of GMP
  - ensures the products are of high quality
- **Medicines standard (PIC/S) GMP** but recognising the lower risks of non-prescription oral and topical products
- **Australian manufacturers** must hold a GMP licence
- **Overseas manufacturers** must hold GMP clearance certificate



# Permitted indications - AUST L

Included in a legislative instrument

Must Relate to:

Permitted  
ingredients

Good  
manufacturing  
practice (GMP)

Permitted  
indications

- **health maintenance** - normal physiological consequences for good health associated with a product, or provision of nutritional support
- **health enhancement** - for normal healthy people, such as improving, promoting, enhancing or optimising body organs or systems.
- **prevention of a dietary deficiency;**
- or for **certain non-serious, self-limiting diseases, ailments, defects or injuries** - claim can relate to the temporary relief of a particular symptom

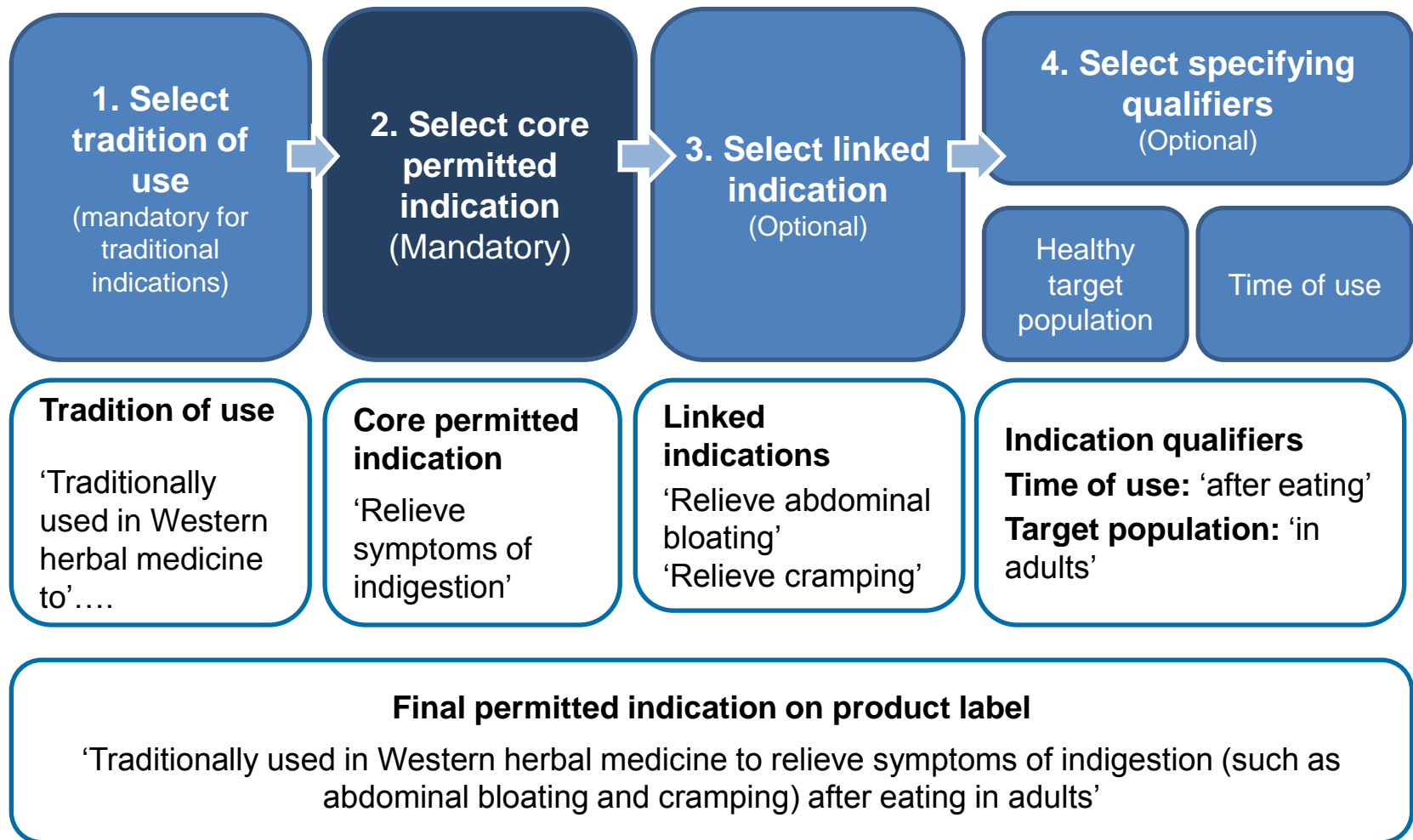


# Permitted indications

- **Transparency for industry** on what indications are accepted for listed complementary medicines
- May also require a warning statement / specify population for which the indication is not suitable
- **Avoids consumers from being misled** by inappropriate indications to increase consumer confidence in listed medicines
- From **6 March 2018**, all new listed medicines must select permitted indications .... and existing listed medicines must transition by **6 March 2021**
- **Can alter wording on the product label** (pack) if the intent and meaning does not change



# Using permitted indications



# AUST L(A) assessed listed medicines

Permitted  
ingredients

Good  
manufacturing  
practice (GMP)

Intermediate  
level indications

- **Ingredient** must meet
  - safety (permitted ingredients) list
  - quality (pre-approved GMP) of their medicine
- **TGA pre-market assessment of scientific evidence** supporting efficacy of the indications in finished product
- Must have at least one **intermediate** indication that is not included on the permitted indications list
  - prevents cold sores
  - reduces symptoms of tinnitus
  - relieves rheumatoid arthritis symptoms
- Can also include low level permitted indications
- Have the **option to use an efficacy ‘claimer’**



# Claimer of efficacy

- Sponsors of assessed listed medicines and registered complementary medicines have **the option** to indicate that the efficacy of the product has been assessed by the TGA
- The claimer can be used on all promotional materials and on the medicine label
- The claimer can be the approved symbol **and/or** the approved label statement

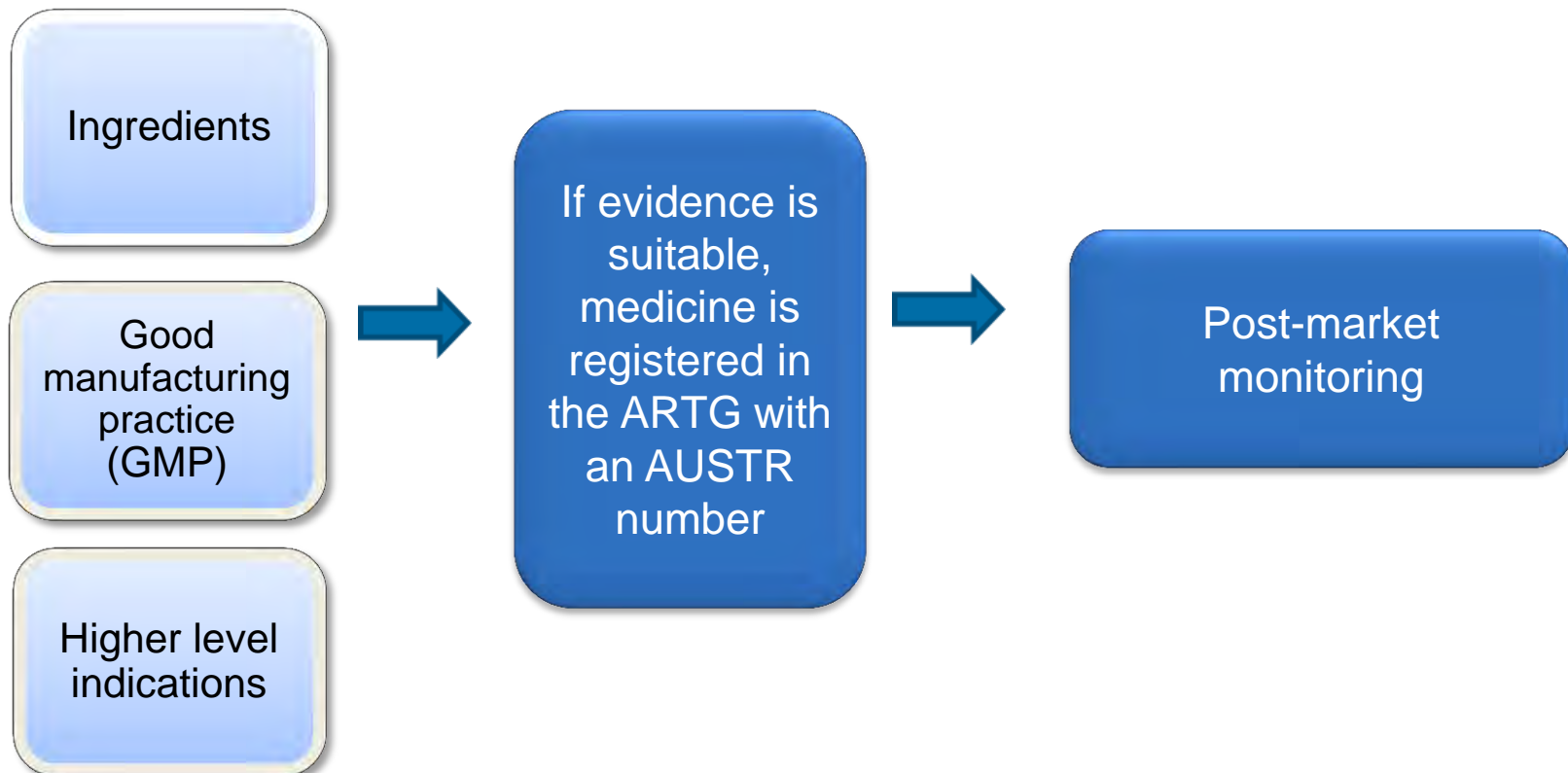


*Evidence for the approved indications has been assessed by the TGA*



# Registered complementary medicines

- Full pre-market evaluation of quality, safety, efficacy of the product
- Can refer to prevention or alleviation of a serious form of a disease
- But must not refer to a prohibited representation





# Use of comparable international regulators evaluations for complementary medicines

- Where possible, the TGA makes use of evaluations from certain other regulators
  - for evaluation of a substance or a full product
  - for use in listed or registered complementary medicines
- Complicated by the lack of alignment of different regulatory systems internationally
- Can use part or all of an evaluation e.g. just safety or efficacy assessment
- Will require applicant to submit the information to us



# Post market (on - market) compliance for listed complementary medicines

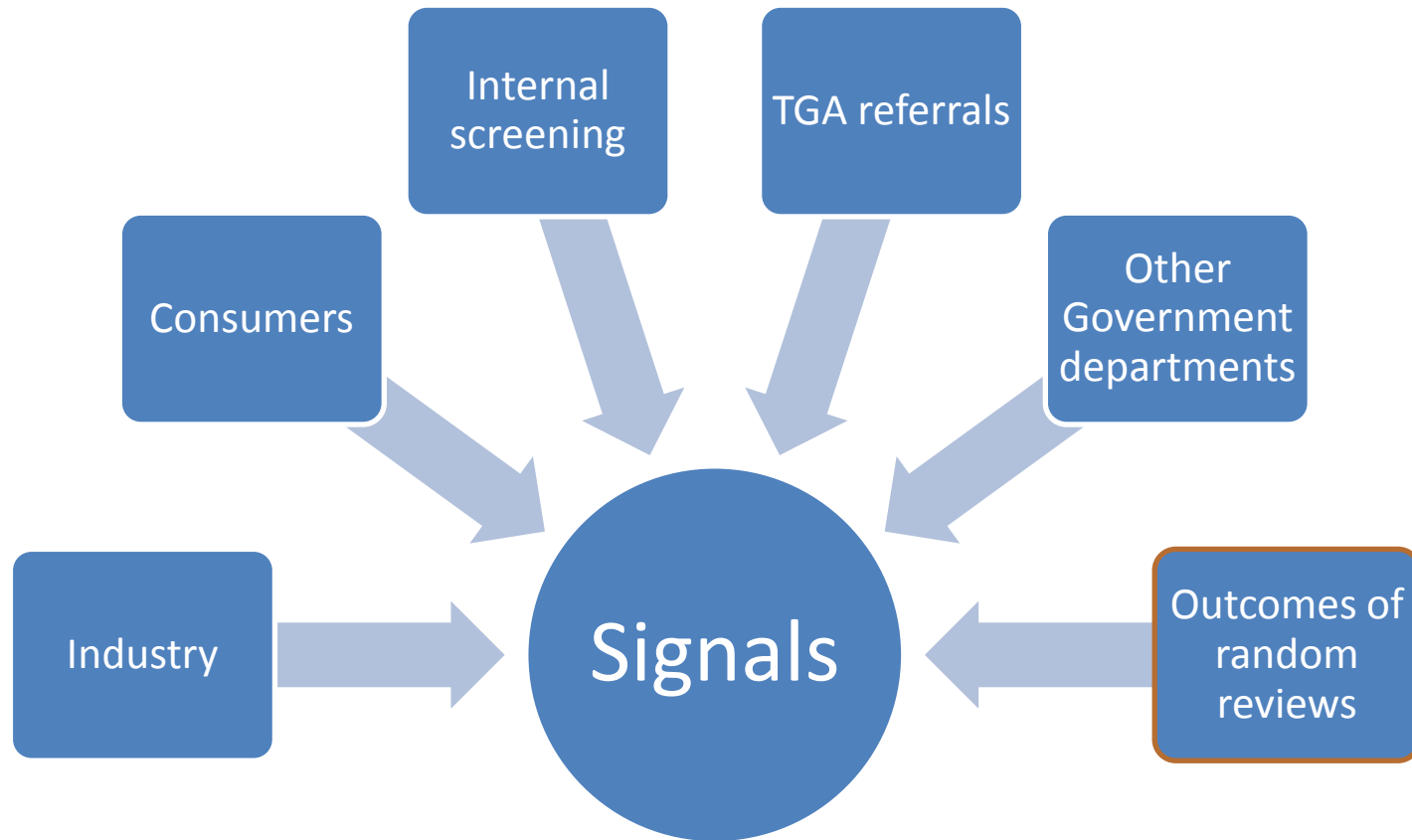
Products may be randomly selected or targeted for review

Risk based regulatory approach includes:

- desk-based audits of listed medicines – ‘compliance reviews’
- laboratory testing of products and ingredients
- monitoring of adverse reactions
- recalls
- audit of manufacturing sites
- controls over advertising



# Where do our signals come from to monitor for compliance and safety?







# Compliance review outcomes

Where we identify a compliance problem TGA can:

- Issue a **proposal to cancel notice**
  - sponsor has opportunity to correct the issue, and product can continue to be marketed, OR
  - product can be cancelled if the concerns are not addressed
- **Cancel** product immediately – major safety issue
- **Suspend** the product from the ARTG
- **Recall** the product from the marketplace

*Cancelled/suspended medicines cannot be supplied*





# Overall, compliance is not very good

## Random plus targeted compliance reviews

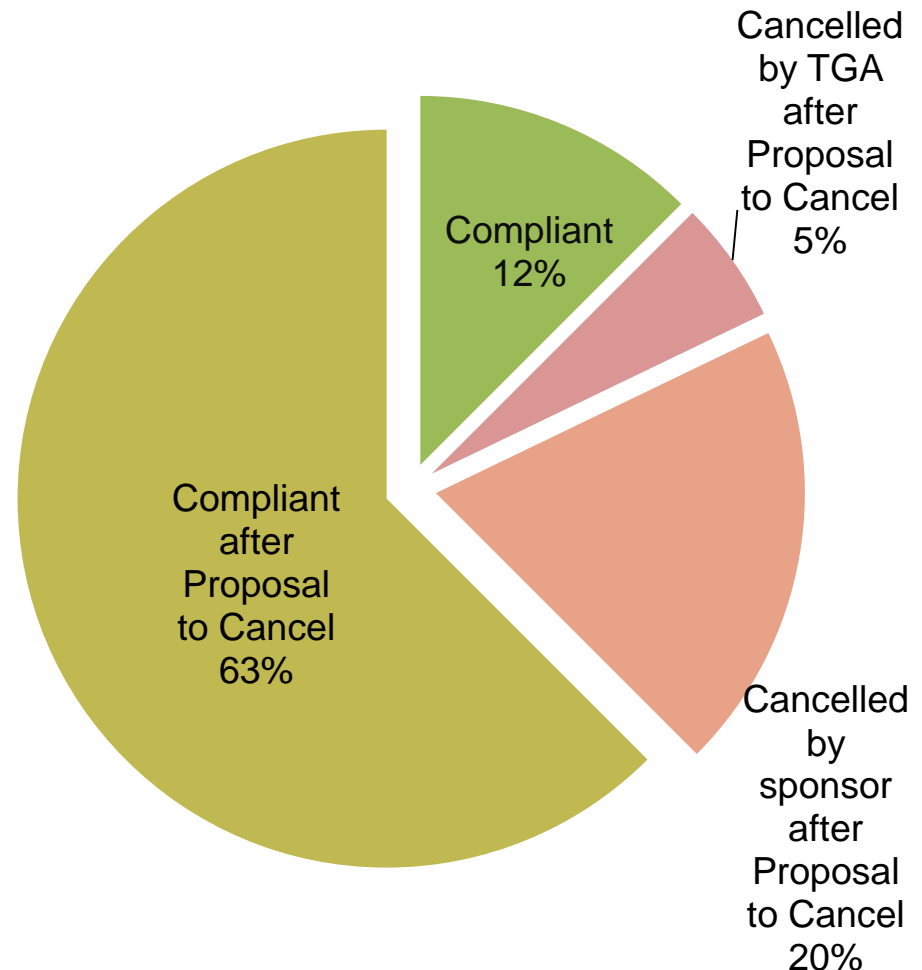
Random plus targeted compliance reviews	2016-17	2017-18
	July to June	
	Actions following a Request for Information	
Medicines found to be compliant	87	42
Proposal to cancel notice/ warning sent by TGA	330	129
Total	417	171
Actions following Proposal to Cancel notice		
Medicines cancelled by the TGA	17	10
Medicines cancelled by sponsors	84	45
Compliance breaches addressed	229	74
Total	330	129



# Compliance problems

- Indications and/or ingredients don't comply with listing requirements
- Manufacturing, quality, formulation
- Labelling
- Advertising
- Unacceptable presentation
- Evidence provided does not support claims made
- Safety

***TGA reviews do bring many products back into compliance***





# TGA is implementing enhancements to the compliance monitoring program

As consulted upon with stakeholders, these include:

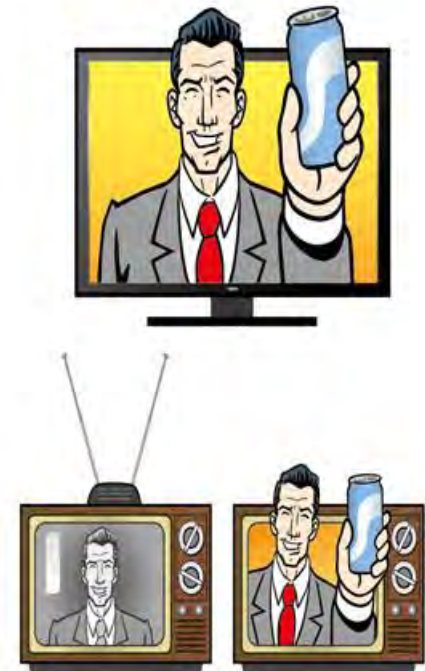
- **More information on** review outcomes through publication on our website
- **Greater targeting** of sponsors found to have non-compliant products
- New **online training** modules for sponsors





# Advertising of complementary medicines to the general public

- Regulated by TGA through a legally binding **Code**, to support appropriate use of products and advertising does not mislead or deceive
- **Mandatory pre-approvals of certain types of advertising will be abolished by 1 July 2020**
- TGA now the **single body** responsible for handling **advertising complaints**
- **Investigation and enforcement powers** have been broadened
- **Sponsor education programs** to assist in compliance also enhanced





# Aspects of the Advertising Code

- Requirements for ‘**prominently displayed or communicated**’ in adverts
- New mandatory statements apply for internet sales (where purchaser cant see physical product)
- **Comparisons** in adverts cannot claim others are harmful or ineffective
- Adverts cannot **offer free samples** (except sunscreens and condoms)
- **Scientific representations** (cited research and scientific claims), **endorsements and testimonials** carry particular disclosure requirements
- Requirements for advertising **directed primarily to children**
- Requirements to have “**health warnings**” such as allergens

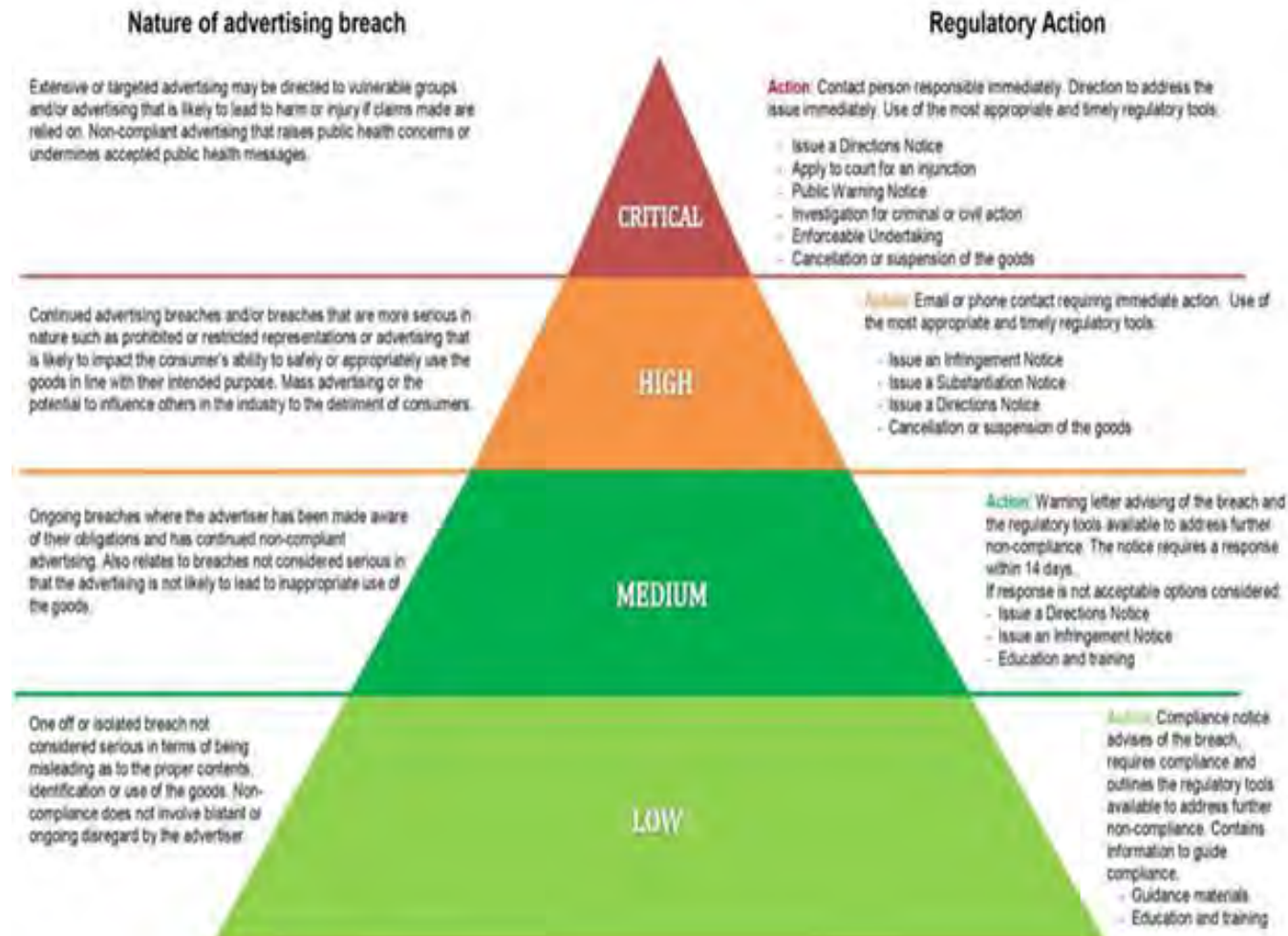


# Some complementary medicine products have specific requirements

- If **based on traditional use**, the paradigm must be prominently displayed or communicated
- **Vitamins and mineral supplements** must not claim they are a substitute for good nutrition or a balanced diet
- **Weight management** product advertisements
  - Must balance claims with need for healthy energy controlled diet
  - cannot claim that supplement will reverse effects of over-eating
  - individuals featured in advertisements must represent average / expected results



# Classification of advertising complaints





# Despite the most stringent regulatory schemes globally, some consumer groups are not happy

## Some groups have proposed:

- Premarket **evaluation** of all products
- **Limitation** of scientific claims
- **Abolition** of traditional use claims
- Sales of homoeopathic products **not permitted**
- **Larger number** of complementary medicine on-market reviews
- **More immediate cancellations** of products
- **More consumer education** on products and their regulation



# And even the average consumer says they are unsure...despite widespread use of complementary medicines

Agreed complementary medicines are:	Panel (n=1045)	Opt-in (n=684)
Appropriately regulated	32.2%	14.5%
Trusted	37.6%	23.9%
Safe	38.5%	25.8%

Responses from a July 2018 survey of random consumers (panel) commissioned by TGA

TGA also continues to receive over 100 new advertising complaints each month, many relating to the advertising of complementary medicines

**BREXIT**



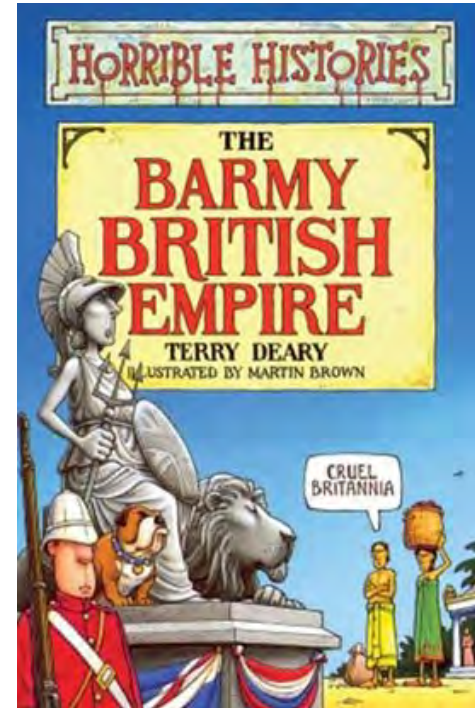
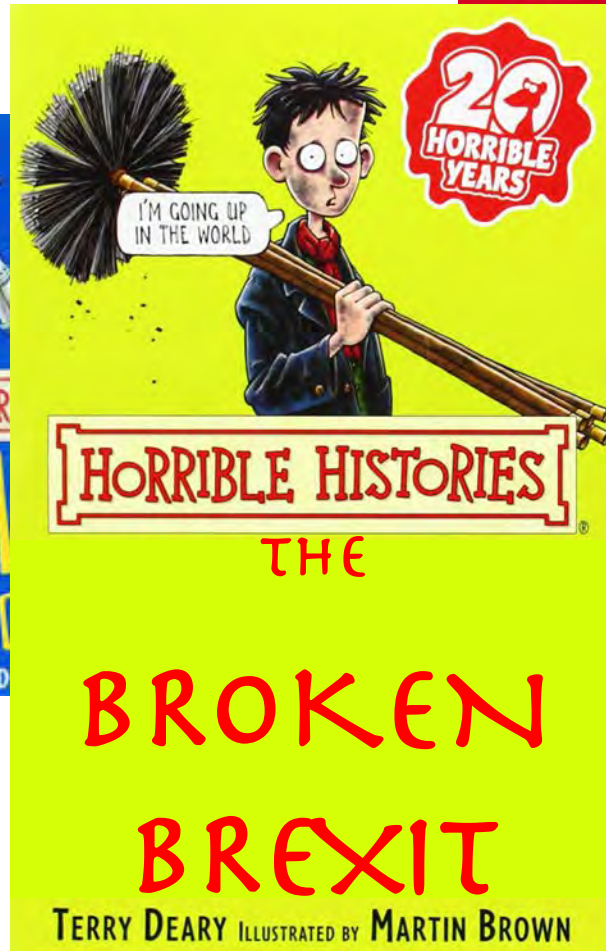
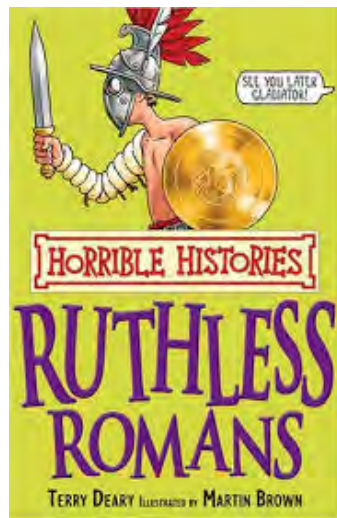
**Leading the Food Supplement Industry**

# Implications of Brexit

Sam Jennings, Technical Adviser to CRN UK

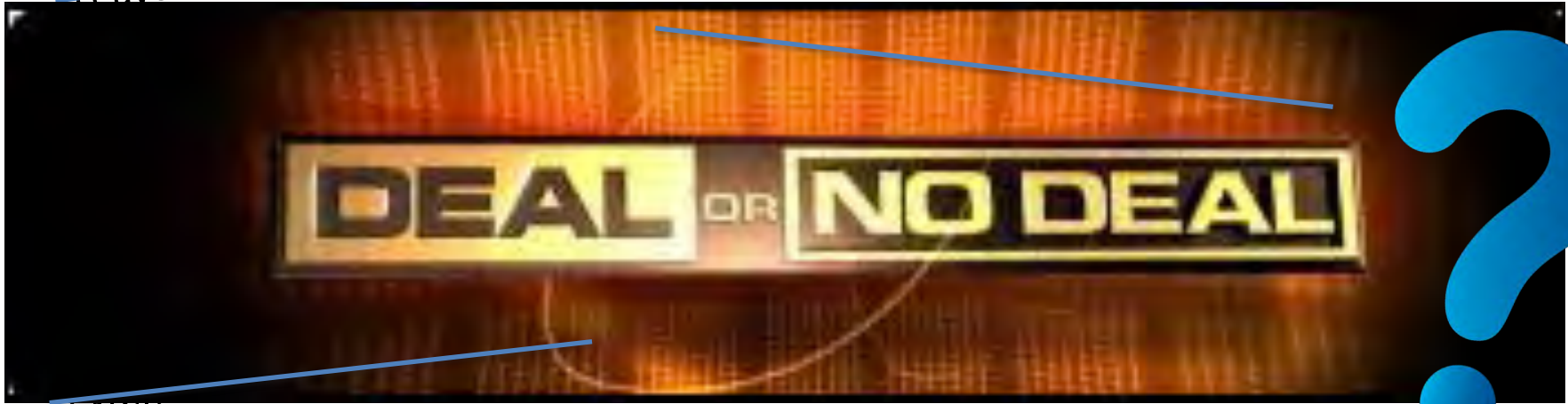


*“Future generations will not  
forgive us if they have to study  
this in history lessons.”*





~~Leave on 29<sup>th</sup> March 2019~~



~~Extension~~

Agreed with EU last night: 'Flexible extension' to  
31<sup>st</sup> October 2019

# Implications?

Product labelling

Distribution

Health ID marks

Labour

Tariffs

Import system

Intellectual property

Export system

Free Trade  
Agreements



# Where will future UK regulation go?

“Little or no change for 2 years”

Health claims

Novel foods

‘Safety’ legislation

Devolved  
Administrations

### EU Exit Roundtable

- Various government agencies
- Monthly physical meetings
- Weekly conference calls

Maintaining formal and informal contact with different government agencies

## What are we doing?

Supporting our members!

Maintaining inter-industry communication

Meanwhile...

# The nightmare continues

Page 2



...and normal life  
carries on!

# Thank you for listening!

[spj@berryottaway.co.uk](mailto:spj@berryottaway.co.uk)

[www.crnuk.org](http://www.crnuk.org)

**CHINA**

IADSA

International Alliance of Dietary/  
Food Supplement Associations

# ***UP TO SPEED ...CHINA BRIEF***

IADSA ◦ SYDNEY ◦ APRIL 2019



The background of the image is the flag of the People's Republic of China, featuring a red field with five golden-yellow stars in the canton. One large star is positioned to the left of four smaller stars that form an arc. The flag has a subtle, wavy texture. The text "Social stability" is written in a golden-yellow, sans-serif font, positioned in the lower right area of the flag.

Social stability

***TIMELINE .... 2018***



# Government Announced Reorganization

New  
Government  
Agency

## Responsibilities



- Market Order and Food Safety Regulation
- Registration of Health Food
- Food Safety Supervision, Risk Assessment



- Customs clearance & tariffs
- Quality Inspection and Quarantine Regulation
- Entry & Exit Enforcement



- Health & Nutrition Planning
- Food Safety & Nutrition Related Standards

# State Administration for Market Regulation (SAMR)

## Food Safety

CFDA

National Food Safety Committee  
of the State Council

CNCA

SAC

## Market Order and Competition

SAIC: Direct selling, anti-unfair  
competition, Consumer Protection;  
Advertising;

MOFCOM: M&A Approval

State Council's Anti-Monopoly  
Committee

NDRC: Anti-price monopoly

## IPR Protection

SIPO: Pattern

SAIC: Trademark

AQSIQ: Geographical Indications

# Acronyms for Government Entities:

*AQSIQ: the General Administration of Quality Supervision, Inspection and Quarantine*

*CDC: Centers for Disease Control*

*CFDA: China Food and Drug Administration*

*CIQs: China Entry-Exit Inspection and Quarantine Bureaus*

*CNCA: Certification and Accreditation Administration*

*GAC: General Administration of Customs*

*MOFCOM: Ministry of Commerce*

*NDRC: State Development and Reform Commission*

*NFSC: National Food Safety Committee of the State Council*

*NHC: National Health Commission*

*NHFPC: National Health & Family Planning Commission*

*SAC: Standardization Administration of China*

*SAIC: State Administration for Industry and Commerce*

*SAMR: State Administration for Market Regulation*

*SIPO: State Intellectual Property Office*

***TIMELINE .... MARCH-APRIL 2019***

## AGENDA

- SAMR structural changes
- Impact on functional food policy, landscape and operations



# What happened?

## The State Council



March 2018  
March 2019

## State Administration for Market Regulation (SAMR)

*\* Local regulatory agencies have also been restructured accordingly*

**28 + 2**

- 28 internal departments
- Supervises 2 state bureaus:  
National Medical Products  
Administration (NMPA) and  
National Intellectual Property  
Administration (CNIPA)

**800+**

- Over 800 officials in total

**18**

- Lawful portfolios cover 18 areas,  
e.g. business registration, market  
supervision & law enforcement,  
anti-monopoly, IPR protection,  
domestic food safety, etc.

## China's unified market regulatory body



**国家市场监督管理总局**

State Administration for Market Regulation



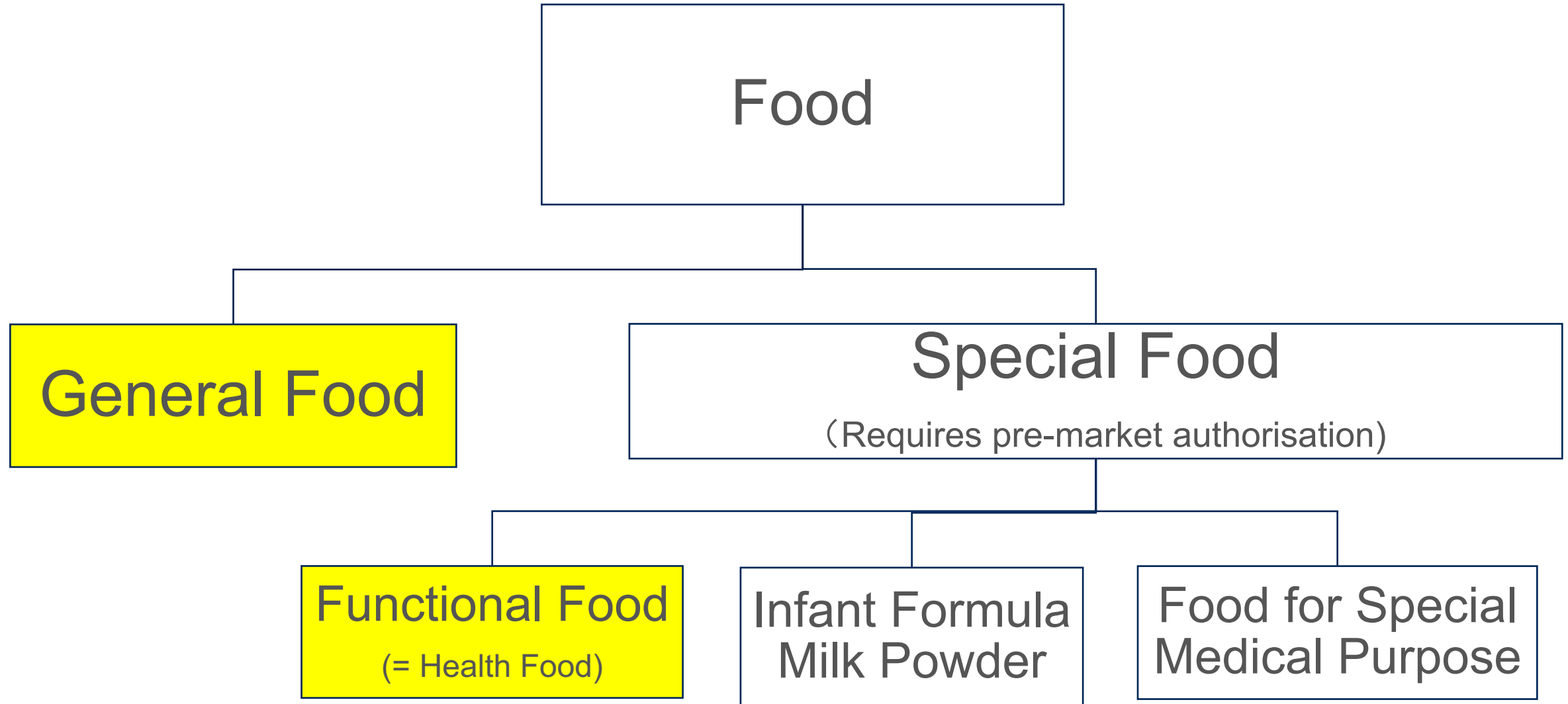
**ZHANG, Mao**  
**Minister, SAMR**

### Key oversight

- Function food (dietary  
supplements)  
registration/notification
- Food safety
- Consumer protection
- Advertising
- Licenses & permits (business  
registration, food operation  
permits, etc.)
- Direct Selling/anti-pyramid  
scheme



# FOOD CLASSIFICATION IN CHINA





# FUNCTIONAL (HEALTH) FOOD AUTHORISATION SYSTEM



July 1, 2016

## 27 FUNCTIONAL FOOD CLAIMS FOR 'BLUE HAT' REGISTERED PRODUCTS

1	Enhance Immune
2	Assist Blood Lipids Reduction
3	Assist Blood Sugar Reduction
4	Anti-oxidant
5	Assist Memory Improvement
6	Alleviate Eye Fatigue
7	Alleviate Lead Excretion
8	Clear the Throat
9	Assist Blood Pressure Reduction
10	Sleep Improvement
11	Facilitate Milk Secretion
12	Alleviate Physical Fatigue
13	Enhance Anoxia Endurance
14	Assist Irradiation Hazard Protection

15	Weight Control
16	Improve Child Growth
17	Increase Bone Density
18	Improve Nutritional Anemia
19	Assist the Protection Against Chemical Injury of Liver
20	Eliminate Acne
21	Eliminate Skin Chlorasma
22	Improve Skin Water Content
23	Improving Skin Oil Content
24	Regulate Gastrointestinal Tract Flora
25	Facilitate Digestion
26	Facilitate Feces Excretion
27	Assist the Protection of Gastric Mucosa

# **SUPPLEMENT NUTRIENTS PERMITTED IN NOTIFIED FUNCTIONAL FOOD**

## **22 Vitamin and Minerals**

Calcium, Magnesium, Potassium, Manganese, Iron, Zinc, Selenium, Copper, Vitamins A, B1, B2, B6, B12, C, D, E, K, Nicotinic acid, Pantothenic acid, Folic acid, Biotin, Choline



**27 Claims for  
registered functional  
foods**

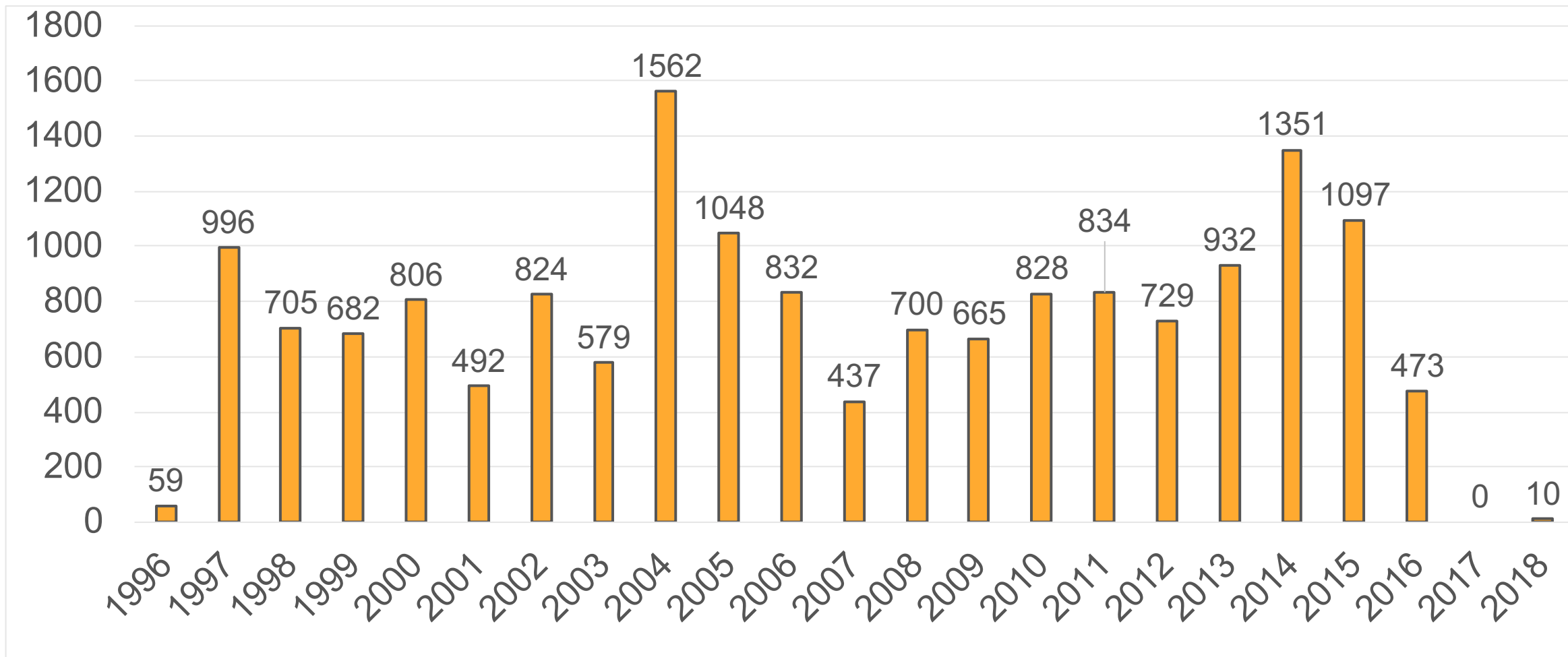
**Vitamin/Mineral  
Supplements**

**by notification**

**Blue Hat**



# Approved 'Blue Hat' Registered Functional Foods



Only **10** new Functional Food registrations approved since July 2016

Meanwhile, approved functional food notifications are booming, with domestic notifications exceeding 2000 from July 2017 to March 2019

# RECENT REGULATORY POLICY CHANGES FROM SAMR

## Registrations and Notifications

- strict control of functional food registrations with less new registrations likely to be approved
- more ingredients will be added into the functional food ingredient list to allow more notified functional food

## Labeling

- an increase in functional food warning statements on product labels

## Claims

- adjustments to the 27 functional food claims

# PROPOSED FUNCTIONAL FOOD LABELING REGULATION

## Current



## Proposed



本品不能替代药物;保健食品不具有疾病预防, 治疗功能.

This product cannot replace a drug; Functional Food has no disease prevention and disease treatment function.

1. SAMR agreed to delete sentence of “functional food has no disease prevention”
2. Finalized and effective wording TBD



# PROPOSED CHANGES TO 27 FUNCTIONAL FOOD CLAIMS

On March 28, SAMR issued the drafting proposal for one month public comment to adjust nomenclature and control of functional food claims. Effective timing is still TBD.

1. Pre-2005 grandfathered functional food claims approved by the Ministry of Health
  - ❑ 18 functional claims will be canceled.
2. Current 27 functional food claims
  - ❑ 18 functional **claims** will be **renamed** (requiring labeling modification):
  - ❑ 3 functional **claims** will be **canceled**
  - ❑ 6 functional **claims** will be **suspended** for further study, e.g., assist blood lipids reduction
  - ❑ Most changes add “help XXX”;  
e.g. “weight control” will be renamed as “help adjust body fat”.

## 18 FUNCTIONAL CLAIMS TO BE RENAMED

	Current Function Claim	New Proposed Claim
1	Enhance Immune	Help Enhance Immune
2	Sleep Improvement	Help Sleep Improvement
3	Alleviate Physical Fatigue	Help to alleviate Physical Fatigue
4	Enhance Anoxia Endurance	Help to enhance Anoxia Endurance
5	Increase Bone Density	Help Increase Bone Density
6	Alleviate Eye Fatigue	Help to alleviate Eye Fatigue
7	Eliminate Acne	Help Eliminate Acne
8	Eliminating chlorasma	Help Eliminating chlorasma
9	Improve Skin Water Content	Help Improve Skin Water Content
10	Anti-oxidant	Help Anti-oxidant
11	Assist Memory Improvement	Help to assist Memory Improvement
12	Clear the Throat	Help to clear the Throat
13	Weight Control	Help Adjust Body Fat
14	Improve Nutritional Anemia	Help to improve Nutritional Anemia
15	Regulate Gastrointestinal Tract Flora	Help Regulate Gastrointestinal Tract Flora
16	Facilitate Digestion	Help Facilitate Digestion
17	Facilitate Feces Excretion	Help Facilitate Feces Excretion
18	Assist the Protection of Gastric Mucosa	Help to assist the Protection of Gastric Mucosa

## 6 FUNCTIONAL CLAIMS TBD AND 3 FUNCTIONAL CLAIMS TO BE CANCELED

19	Assist Blood Lipids Reduction	cancel or keep, TBD
20	Assist Blood Sugar Reduction	cancel or keep, TBD
21	Assist Blood Pressure Reduction	cancel or keep, TBD
22	Alleviate Lead Excretion	cancel or keep, TBD
23	Assist the Protection Against Chemical Injury of Liver	cancel or keep, TBD
24	Assist Irradiation Hazard Protection	cancel or keep, TBD
25	Improving Skin Oil Content	cancel
26	Facilitate Milk Secretion	cancel
27	Improve Child Growth	cancel

## **A FEW CLOSING THOUGHTS ON FUNCTIONAL FOOD REGULATORY AND COMMERCIAL STRATEGIES**

MAINTAIN EXISTING  
FUNCTIONAL FOOD  
REGISTRATIONS

CROSS BORDER E-  
COMMERCE 2017-2019  
WILL LIKELY EXTEND

CONSIDER PRODUCT  
FORMULATIONS BASED  
ON PERMISSABLE  
NOTIFICATION  
NUTRIENTS

INTER-GOVERNMENT  
NEGOTIATED  
RELATIONSHIPS











# Thank you

## IADSA

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International Alliance of Dietary/  
Food Supplement Associations

[RicHobby@Herbalife.com](mailto:RicHobby@Herbalife.com)

[iadsa.org](http://iadsa.org)

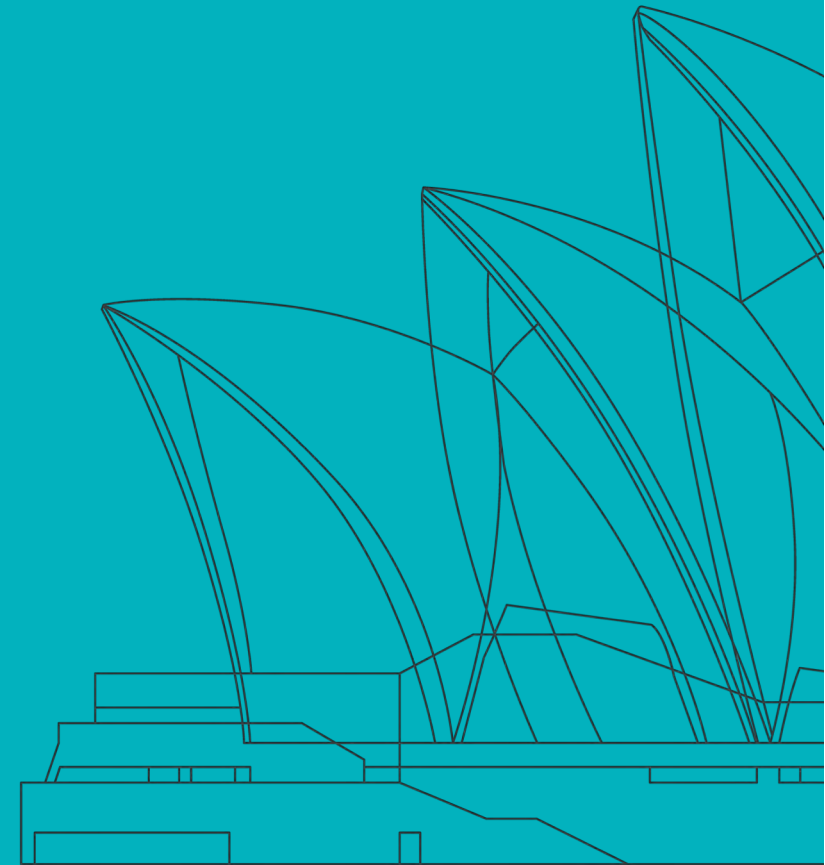
**INDIA**



# INDIA

## IADSA

International Alliance of Dietary/  
Food Supplement Associations





# ReC HaN

Resource Centre for Health Supplements and Nutraceuticals



Confederation of Indian Industry



FOOD SAFETY AND STANDARDS  
AUTHORITY OF INDIA

*Inspiring Trust, Assuring Safe & Nutritious Food*  
Ministry of Health and Family Welfare, Government of India

## IADSA

International Alliance of Dietary/  
Food Supplement Associations

# COMPLIANCE DOCUMENT



# GMP: INTEGRATION WITH FSSAI- FOSTAC INITIATIVE



Training Package prepared by ReCHaN included under FoSTaC training program



- ReCHaN in collaboration with FSSAI initiated a Consumer Awareness program at ***Eat Right Mela*** held on 14-16 December 2018, IGNCA, New Delhi.
- A ***Guidance Kit*** intended to create a sensitization on the myths and facts about Health Supplements & Nutraceuticals and their impact on overall health was developed and distributed
- To support this initiative, an ***Animated Video*** was developed, educating consumers on the basic aspects in both Hindi and English language.





# KNOW YOUR SUPPLEMENTS

**KNOW YOUR SUPPLEMENTS**

**GUIDE ON SPORTS NUTRITION**

**Not a Conventional Food**

**Look for the term 'HEALTH SUPPLEMENT' or 'NUTRACEUTICAL'**

**Look for FSSAI Logo/License No.**

**Look for Veg/Non-Veg logo (Comment for Health Supplement)**

**Always remember: No quick fixes for improving sports performance**

**Be careful and vigilant in using sports Supplements**

**Consult your Healthcare professional before starting any Supplement**

**Buy Supplements from reliable source, Read label carefully**

**Examine authentication before purchasing**

**Do not exceed the Recommended dose**

**Do not take the Supplements just because a teammate is taking**

**Follow a dietary pattern that will support/enhance your performance**

**Eat healthy diet as per your Exercise routine**

**CH** **IADSA**

**WHAT ARE HEALTH SUPPLEMENTS & NUTRACEUTICALS?**

**To supplement the diet, Not to substitute the diet**

**To be taken Orally**

**Taken in small measured quantities**

**Includes Vitamins, Minerals, Herbs & Botanicals, Amino Acids, Enzymes etc.**

**Not intended for children below 5 years**

**CH** **IADSA**

**KNOW YOUR HEALTH SUPPLEMENTS & NUTRACEUTICALS**

**What is Health Supplement/Nutraceutical?**  
Health Supplements and Nutraceuticals are concentrated source of nutrients including vitamins, minerals, botanicals, amino acids, enzymes etc. that make taken in small measured quantities for supplement diet.

**Are Health supplements/Food Supplement/Dietary supplements all same?**  
Across the globe, Supplements are marketed under different names like Health Supplements, Food Supplements, Dietary Supplements.

**Are Supplements recommended only for athletes?**  
Supplements may be taken by people other than athletes as well especially if recommended by a healthcare professional.

**Are supplements good for everyone?**  
Supplements can be taken by all age groups except infants, lactating women, children below 5 years, pregnant and medication may need to consult healthcare professional before taking supplements.

**Do I need to take supplements if I eat healthy diet?**  
Generally nutrients present in the supplements are available in our food. But our daily diet sometimes may not contain some of the nutrients required by the body. Hence, taking supplements is one of the methods to fill this gap.

**If I am eating supplements do I need to eat food?**  
Health Supplements are intended to provide nutrients which are absent or inadequate in the diet and not to replace the balanced diet and the variety of foods that make a healthy diet.

**Is it necessary to take supplements daily & how long should I eat this?**  
Supplements may be necessary if the nutrient requirement is not fulfilled by the diet. The duration of usage should be as per recommendation made on the label or as per advice of a healthcare professional.

**When and how many times in a day should I take these Supplements?**  
Supplements should be taken after meals for better absorption, unless it is otherwise mentioned on the label. Details on serving size / recommended dose and instructions for consumption.

**What are the precautions to be taken while taking supplements?**  
Please read the label carefully and preferably take supplements in consultation with a healthcare professional.

**What is the difference between medicine/drug and Health Supplement/Nutraceuticals?**  
Drugs/medicines are meant for treatment and curing of diseases, whereas Supplements are to supplement diet with the required nutrients that may be absent or inadequate in our diet.

**Can I take supplements with my regular medicine?**  
Please check for any interaction between the supplements and the regular medicine.

**Is taking supplements harmful?**  
Taking two harmful & toxic supplements in excess may be harmful to health.

**Can supplements be taken for bodybuilding?**  
Supplements like bodybuilding protein, creatine, etc. are not intended for bodybuilding.

**CH** **IADSA**

**HOW GENUINE IS YOUR SUPPLEMENT?**

**Check for FSSAI Logo, FSS License number**

**Check The Seal**

**Check Best Before Date /Use By Date**

**Check The Hologram/Logo**

**Hologram**

**Lot Number Verification**

**CH** **IADSA**

**FOOD SAFETY MANAGEMENT SYSTEMS**

**Good Manufacturing Practices & Good Hygiene Practices**

**Product Control: Product Information, Traceability & Recall**

**Personnel Training & Management**

**Documentation Record Keeping**

**Transportation, Storage & Distribution**

**Site Management**

**Quality Control & Testing**

**HACCP**

**Analysis**

**Critical**

**Control**

**Point**

**(System to control specific Hazards)**

**CH** **IADSA**





# Know Your Supplements



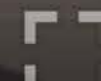
[https://twitter.com/IADSA\\_Global?lang=en](https://twitter.com/IADSA_Global?lang=en)



0:00 / 2:10



YouTube





# CLAIMS TRAINING

Dr David Richardson  
Dr Andrew Shao



# TRAINING ON VITAMINS & MINERALS, MAX LEVELS

**Mr. Basil Mathioudakis**

**Dr B.H. Lim**





# VALUE OF SUPPLEMENTATION

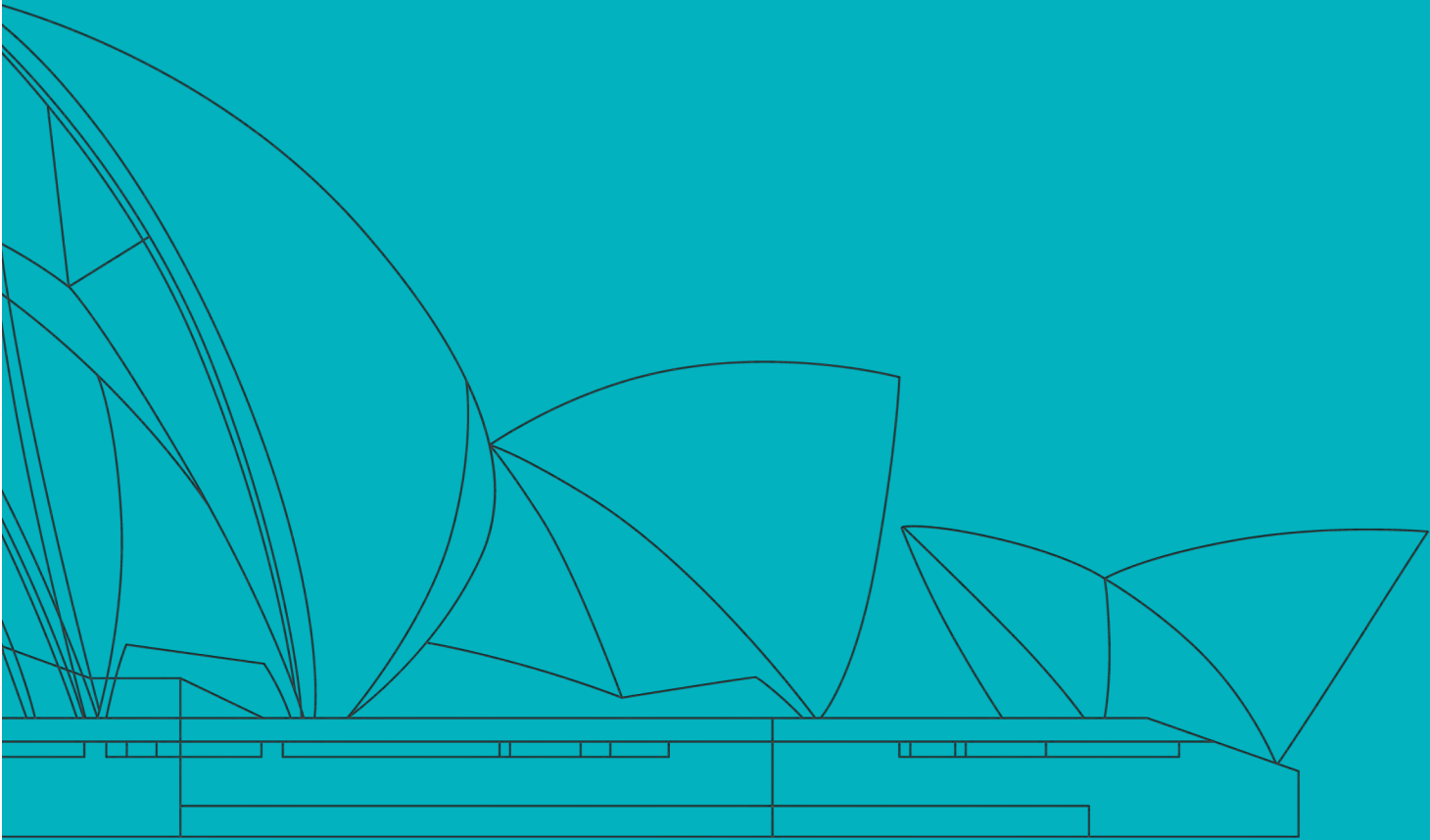


# RESULTS

1. FSSAI confidence in the sector
2. Joint communication to consumers
3. Opportunity to talk directly to the scientific panel
4. Training the regulators
5. Open the door to review the 1X RDA limit for VMs
6. Institutionalize relationship with government

## HOW SECURE IS THIS?

1. Keep delivering value
2. ReCHaN is not a trade association
3. Create bridges with other influencers



# IADSA

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International Alliance of Dietary/  
Food Supplement Associations

[iadsa.org](http://iadsa.org)

**LATIN AMERICA**

Up to speed:

# What is going on in **Latin America?**



*Juan Pablo Waimann- Executive Manager*



# Who are we?

**The Latin American Alliance for Responsible Nutrition (ALANUR)** is the main regional association of food supplements and ingredients in Latin America

**Headquartered in São Paulo, Brazil**

Founded in **November 2011** with the purpose of contributing to the development of a regulatory framework that **ensures the responsible access of food supplements and ingredients in Latin America**

The logo for ALANUR is a circular emblem with a light gray background. It features the word "alanur" in a lowercase, sans-serif font. To the right of the text is a stylized graphic of the map of Latin America, composed of various colored segments (yellow, green, blue, red, and purple) that form the outline of the region.

alanur



# Overview

- **Latin America at a glance**
- **Opportunities for our sector**
- **Challenges for our sector**
- **Key takeaways**





# Latin America at a glance



● 20 sovereign states

● Population: +612 million

● Languages: Spanish, Portuguese, French

● GDP (*nominal*): USD\$ 5.2 T

● GDP per capita (*nominal*): USD\$ 9,274

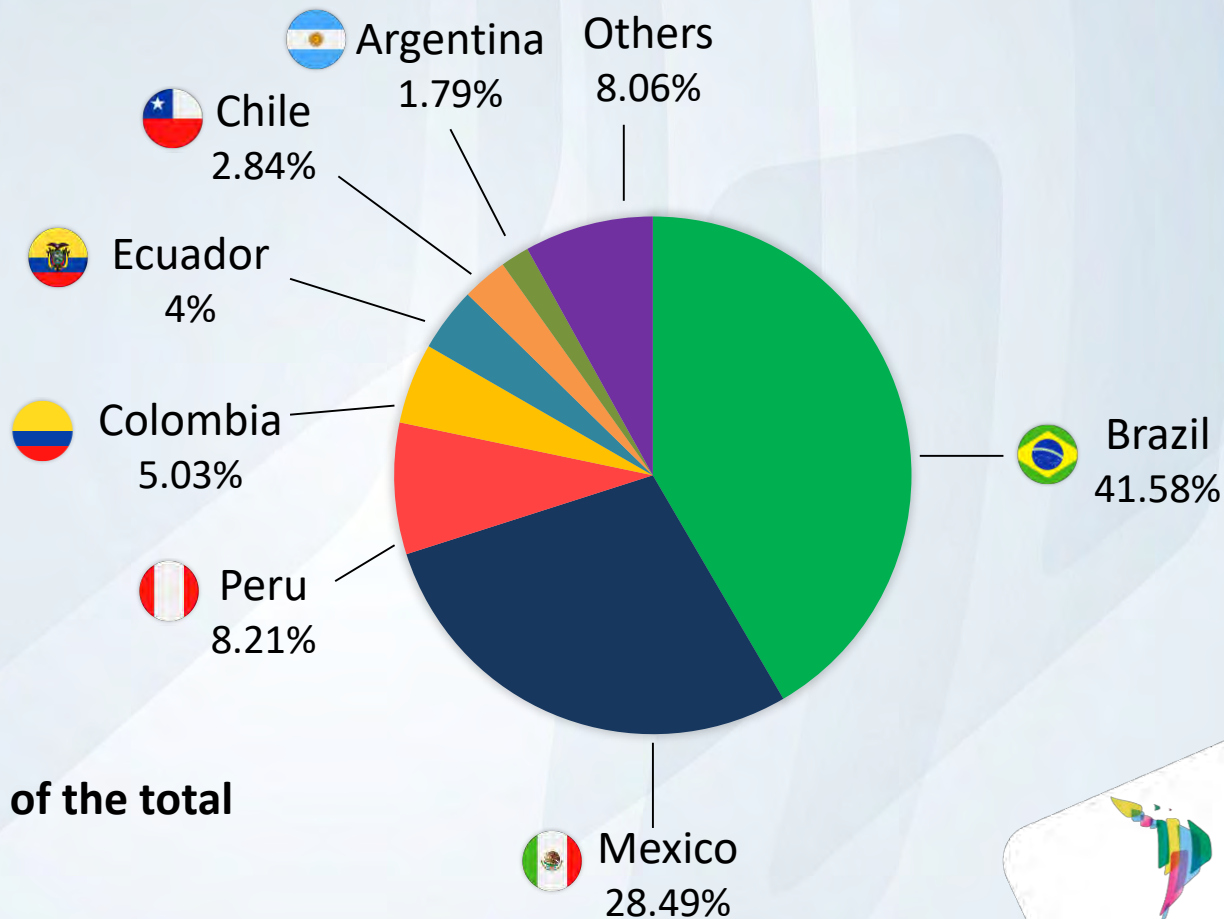
● GDP growth 2019: 1.7%

● 2 countries with GDP over 1T: BR and MX



# Latin America at a glance

## VDS largest markets in LATAM 2018

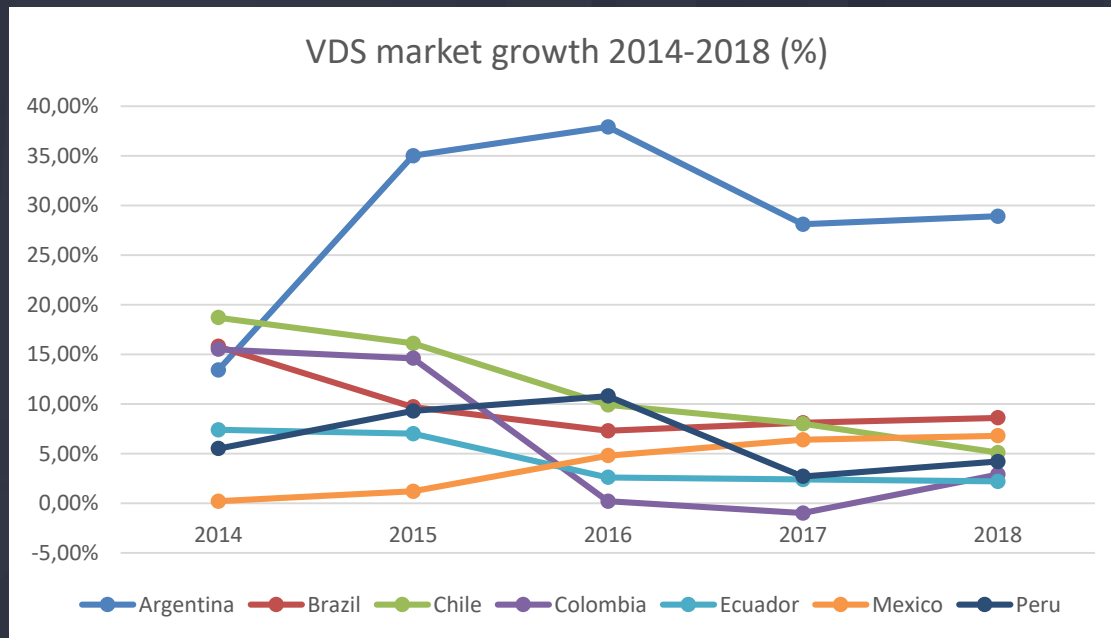


**Brazil & Mexico represent 70% of the total**



# Latin America at a glance

**Argentina (28,4%)**  
**Chile (11,4%)**  
**Brazil (9,9%)**  
have been the fastest  
growing markets  
in the 2014-2018 period



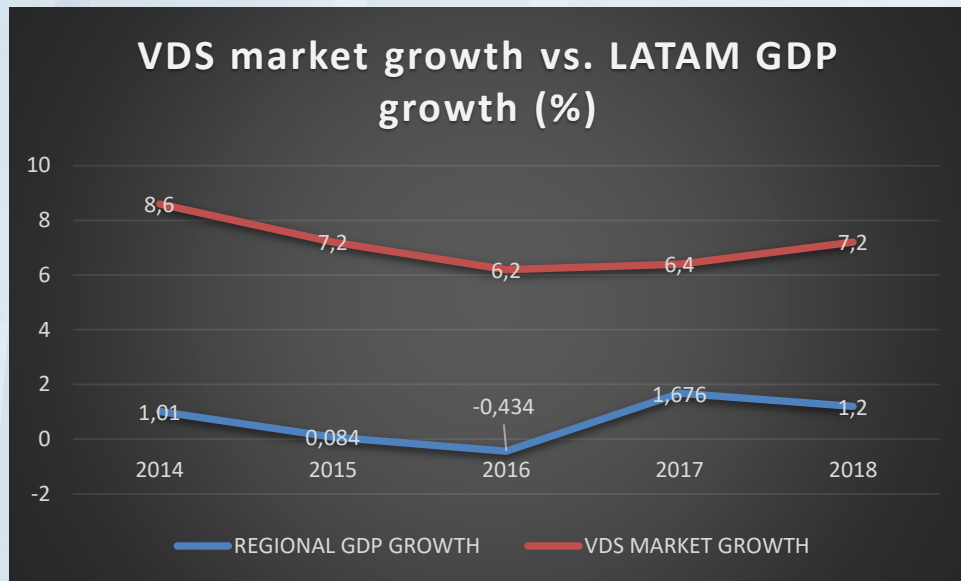


# Opportunities for our sector

## Latin America



# Steady growth continues



- Our market has performed with a healthy rate of growth even if the regional GDP has stagnated
- The regional sector experiences the second highest growth rate globally after APAC
- Interest on healthy lifestyles and nutrition are strong drivers

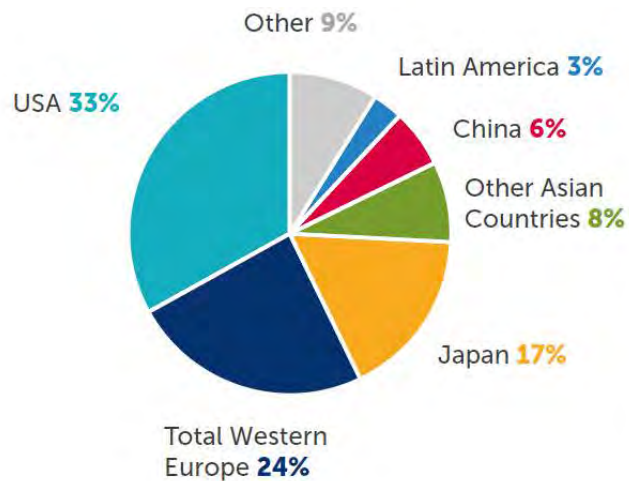




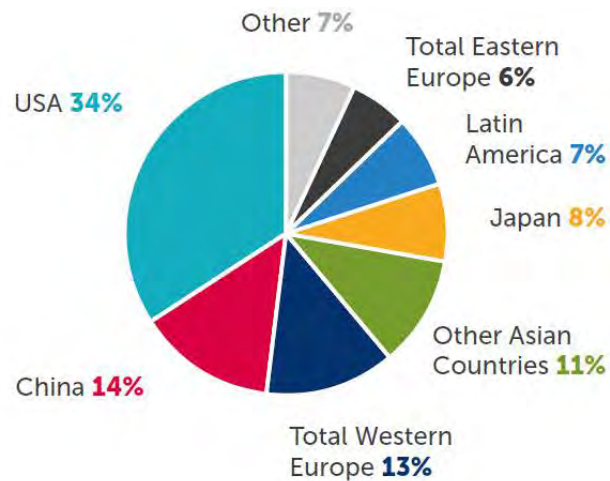
# Cementing a long-term trend

Global supplements sales, 1999 to today

1999 – \$49.1 billion



2017 – \$127.81 billion





# Formidable evolution of the regulatory landscape

✓ Regulatory frameworks improved drastically vs. a decade ago

✗ Normative divergence is vast, even between members of the same trade bloc

Regulatory  
landscape  
2011

● Specific regulation for FS

● No specific regulation for FS



# Formidable evolution of the regulatory landscape

✓ Regulatory frameworks improved drastically vs. a decade ago

✗ Normative divergence is vast, even between members of the same trade bloc

Regulatory  
landscape

2019

- Specific regulation for FS
- No specific regulation for FS
- Specific regulation for FS being developed



# Formidable evolution of the regulatory landscape



**Ecuador (2017)**



**Highlights of our regulatory impact in recent years**



**Bolivia (2018)**



**Brazil (2018)**



**Uruguay (on going)**



**Argentina (on going)**



# Renewed levels of normative certainty for LATAM's largest market

## Brazil



**Pop.: 200 million**  
**USD 1.8 B market**  
**+40% of the LATAM market**  
**9.9% CARG (2013-2018)**

### New Brazilian bloc of regulations for food supplements (2018)

- ✓ A sound definition for the category
- ✓ Notification procedure for most products
- ✓ Maximum levels for micronutrients not based on RDA
- ✓ 189 authorized claims in a positive list
- ✓ A positive list of +350 ingredients
- ✗ Probiotics
- ✗ Botanicals and other ingredients not included in the positive list
- ✗ Levels for specific micronutrients



# Renewed impulse for regulatory harmonization



**Mexico**



**Colombia**



**Peru**



**Chile**



**Pacific Alliance**

● Pop.: ~225 million

● 40% of regional GDP

● Growth will surpass regional average up to 2021

● 2nd, 3th, 4th and 6th largest FS markets in LATAM

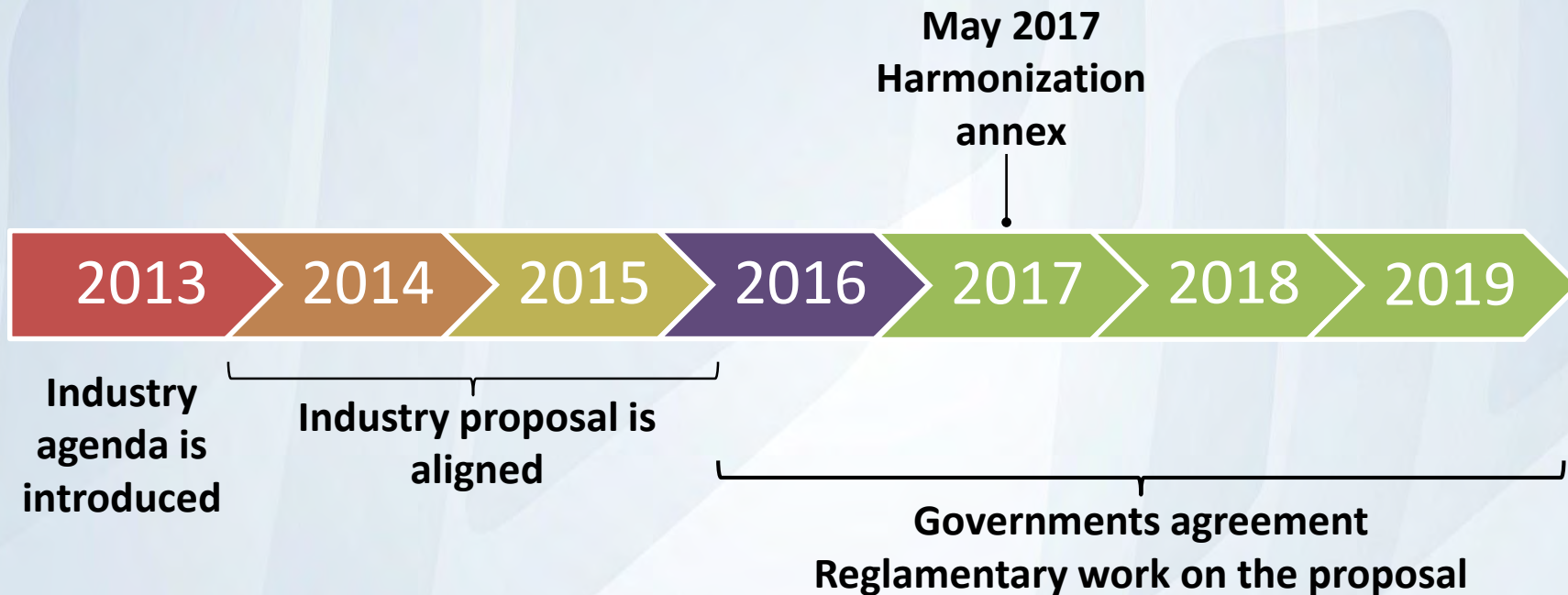
● USD\$ 1.9 B in 2018

● 7% CARG for the sector (2013-2018)

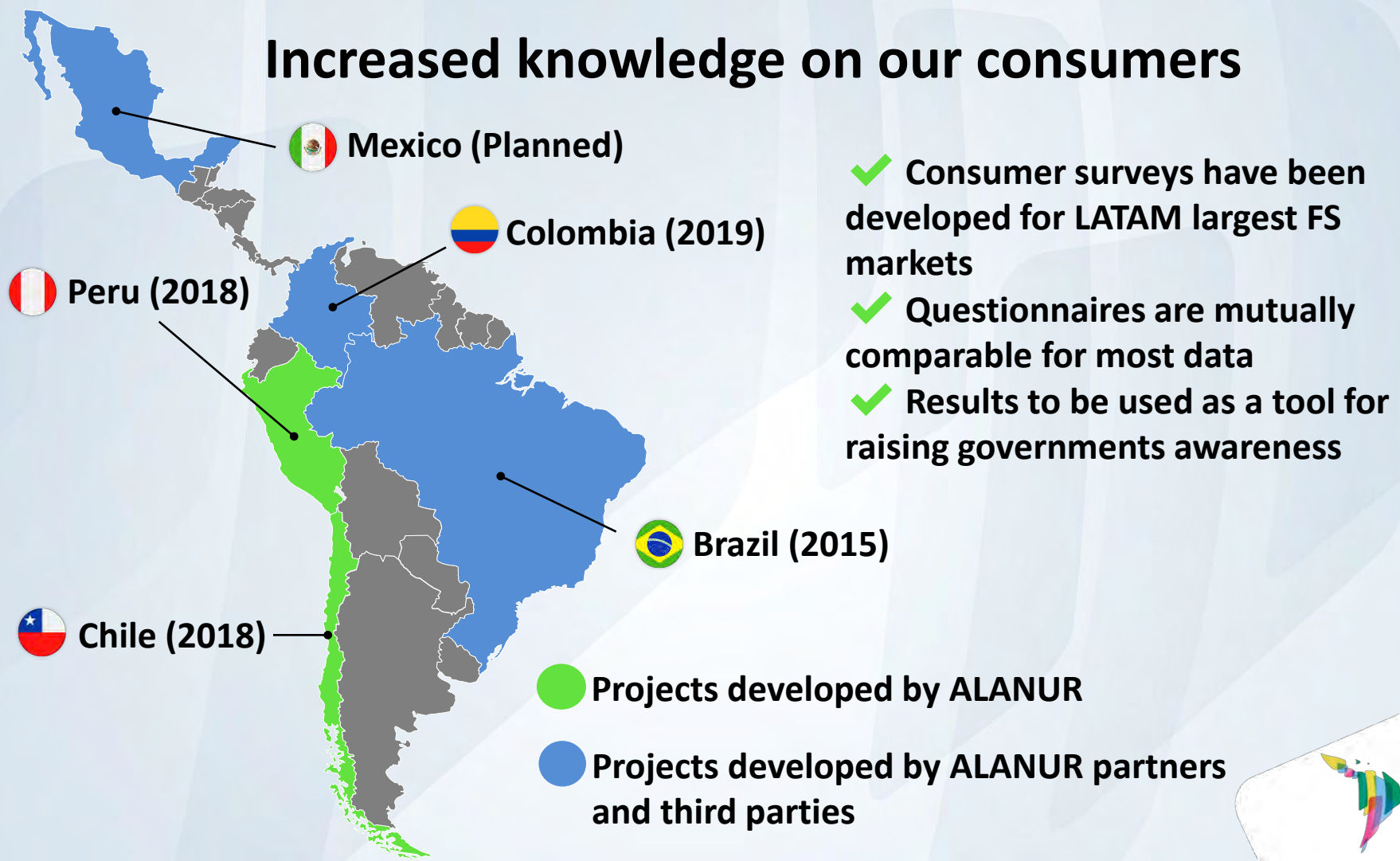




# Pacific Alliance harmonization initiative



# Increased knowledge on our consumers





# Challenges for our sector

## Latin America





# Main regulatory challenges



**Key stakeholders still hold misperceptions of the category**



**A vast diversity of regulatory definitions & categories**

**Prolonged registration processes**



**Restrictions in the use of health claims and in advertising**

**Restrictions in the use of some ingredients in specific countries**



**Probiotics**

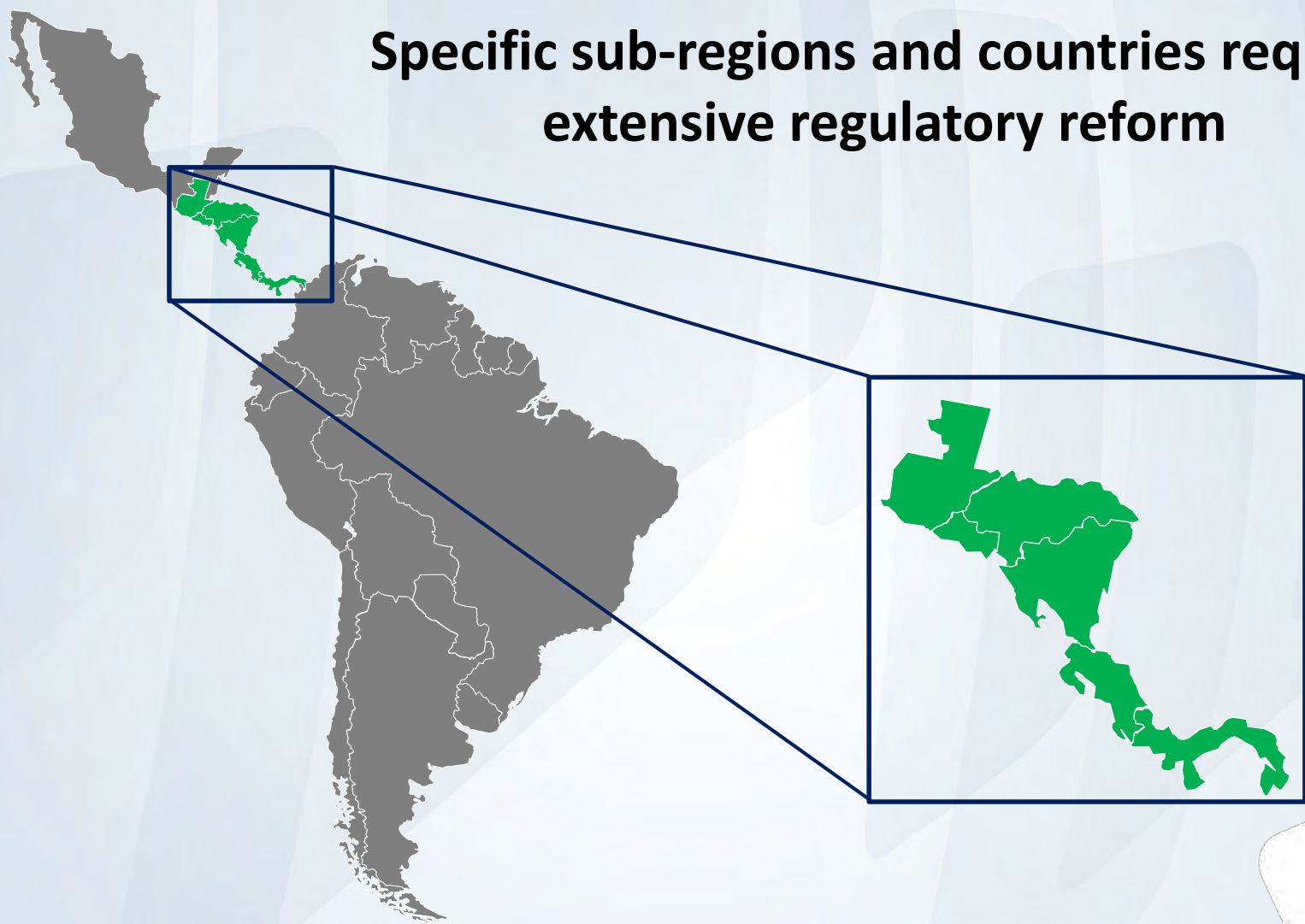
**Enzymes**

**Botanicals**

**Bioactive compounds**



**Specific sub-regions and countries require  
extensive regulatory reform**



# Central America has the most underdeveloped regulatory frameworks in our region



- FS regulated as food
- FS regulated as drugs

- ✓ ~47 million people
- ✓ CAM is evidencing the highest rate of growth of LATAM
- ✓ PA & CR are projected to enjoy some of the highest GDP per capita rates in LATAM
- ✗ Regulatory reform is required for market growth to move along GDP growth
- ✗ Incentives for sub-regional harmonization are very low



# Central America has the most underdeveloped regulatory frameworks in our region



## How are we responding?

- ✓ From harmonization to convergence
- ✓ Focusing our efforts on the national level
- ✓ Achieving national improvements to be spread to the rest of the countries



# Harmonization is inherently complex & requires time



**Mexico**



**Colombia**



**Peru**



**Chile**



**Pacific Alliance**

Prominent pending proposals:

- Negative list of botanicals
- Harmonization of maximum levels for micronutrients
- Health claims

Increasing the expertise of public decision-makers is deemed vital

- ✗ Ideological collision with the sector in Chile
- ✗ The new administration in Mexico increased the levels of uncertainty





# Harmonization is inherently complex & requires time



**Mexico**



**Colombia**



**Peru**



**Chile**



**Pacific Alliance**

## How are we responding?

- ✓ Aligning the industry position
- ✓ Strengthening the technical resources of national associations
- ✓ Working along public authorities in their own countries





# Key takeaways

- In the last 10 years the regional regulatory landscape has improved substantially, but not harmoniously: normative divergence is still an issue.
- We are better equipped to fight misperceptions thanks to the development and use of consumer surveys.
- Harmonization is still considered vital to make LATAM market more attractive and lower costs. However, the process is long and complex.
- Taking into account the experience from the EU and ASEAN can shed light on our own harmonization processes.
- General macroeconomic stability has made LATAM more attractive to FDI and the growth of the sector is showing resiliency



# Thank you !



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[www.alanurla.org](http://www.alanurla.org)



/ALANUR



**NEW ZEALAND**



The background of the slide is a close-up photograph of a plant branch with several buds. The buds are elongated and pointed, with a color gradient from yellow at the base to orange and red at the tips. The branch is dark brown and has small, round, light-colored nodes. The background is a soft, out-of-focus green.

# Natural Health Products New Zealand Regulatory Update IADSA

10 April 2019

Samantha Gray



**NATURAL HEALTH PRODUCTS NZ<sup>TM</sup>**



**WHO WE ARE**

**NEW ZEALAND INDUSTRY SECTOR**

**REGULATOR ENVIRONMENT AND  
PROGRESS**

## MISSION STATEMENT

*The collective voice of the  
natural health products industry of New Zealand*

## VISION STATEMENT

*Natural Health Products New Zealand represents  
an **innovative** and **collaborative** industry that is  
**trusted** worldwide as a leading provider of  
natural health products*





# Strategic Imperatives

To be regarded as the authoritative and public voice of the  
industry in  
NZ and internationally

To build trust in the industry -  
collaboration and innovation

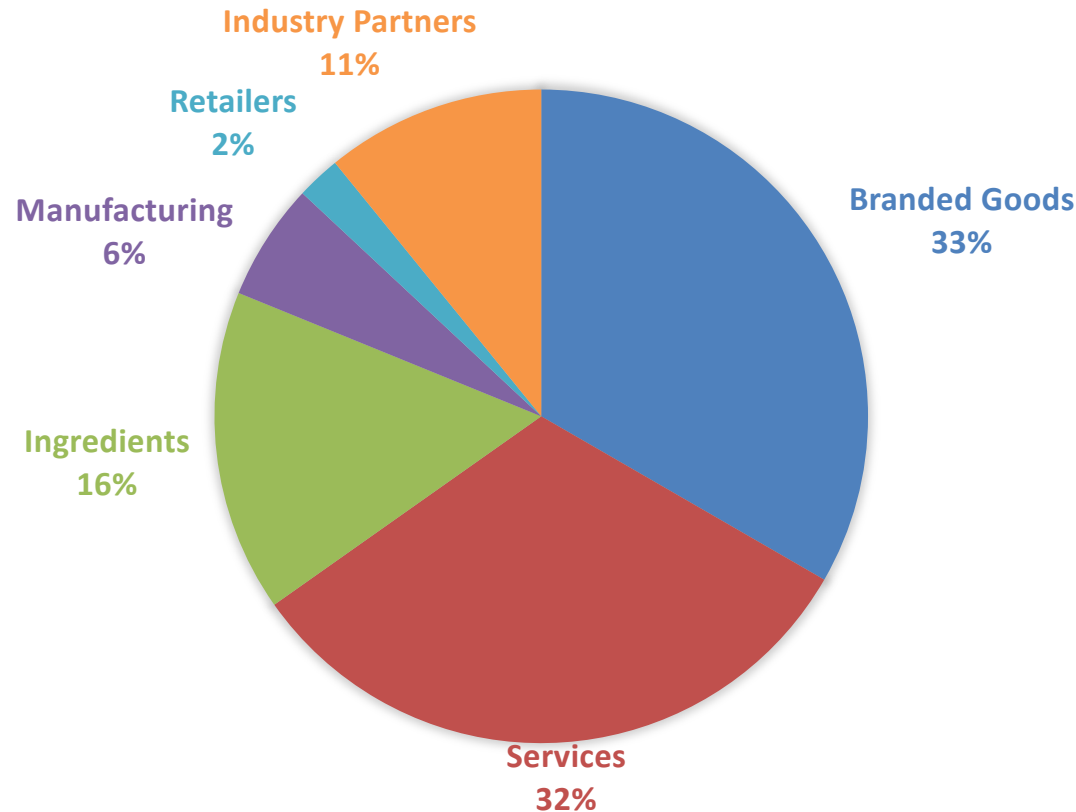
Support members through regulatory and legislative  
changes and improvements



# Who is Natural Health Products NZ

- The industry association in New Zealand for natural products, including dietary supplements, plus more

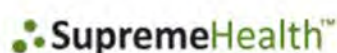
**140 MEMBERS**



# Voice of the industry

- Representing over 85% of the industry

For a full list of members go to: [www.naturalhealthproducts.nz/members](http://www.naturalhealthproducts.nz/members)



Add functionality...  
naturally!





NATURAL HEALTH PRODUCTS NZ<sup>TM</sup>



# SECTOR AND SALES TRENDS

# NZ'S NATURAL HEALTH PRODUCTS SECTOR

70% of NZ export earnings are from biologically based industries

Natural health products have made a significant and growing contribution to NZ's GDP over past decade.

Natural health products exports are a significant and growing contributor

NZ's clean green image, ethics and high quality manufacturing standards mean that natural health products are trusted in export markets



# Last Sector Survey

- NZ\$1.4bn contribution to economy (+40%)
- 85% of respondents export, over \$285 million per annum
- Strong growth projected
- Primary export markets are Australia, China – UK, USA and Europe



# Sector Survey

- **Quality** rather than cost driven
- Strongly positive perceptions of NZ as a **manufacturing** provider
- Strongly positive perceptions for
  - **unique** and **innovative** products,
  - product **integrity, safety, quality, cost**
  - and **clean and green image**



NATURAL HEALTH PRODUCTS NZ<sup>TM</sup>



# STANDARDS AND REGULATION

# NZ Manufacturers

## - High Standards, safety assured

- NZ's natural health products industry is quality-driven rather than cost-driven, so has **high product quality, safety and efficacy** standards.
- NZ law requires products to be **true-to-label**.
- Most natural health products manufacturers **belong to Natural Health Products NZ**, which helps to ensure high quality standards are maintained.
- Many of NZ's natural health products manufacturers export their products and therefore **already** have to **comply with a range of internationally recognised requirements** (e.g. TGA (Australia), Organic (Biogro and AsureQuality), Halal, Kosher, NSF (USA), Medical Devices by Medsafe, ISO for Medical Devices (USA), meet PIC/S GMP standards, etc.)

# Natural Health Products Bill

- NHPNZ has long been advocating for an update to our regulatory system, and continues to positively engage with the new coalition Government.
  - An appropriate regulatory system that reflects our unique culture, identity and place in the world
  - Safety and efficacy are paramount
  - Consumer information, to make informed comparative choices about efficacy and quality is fundamental
  - Our regulatory system must meet these needs and allow NZ to engage in to global market place to capitalise on opportunities for export growth
  - We are demographically a small country/industry so aligning all our industry is paramount to success – NHPNZ represents over 80% of ouyr sector
  - Our MMP political system both reflects these values and provides challenges to achieving these goals.

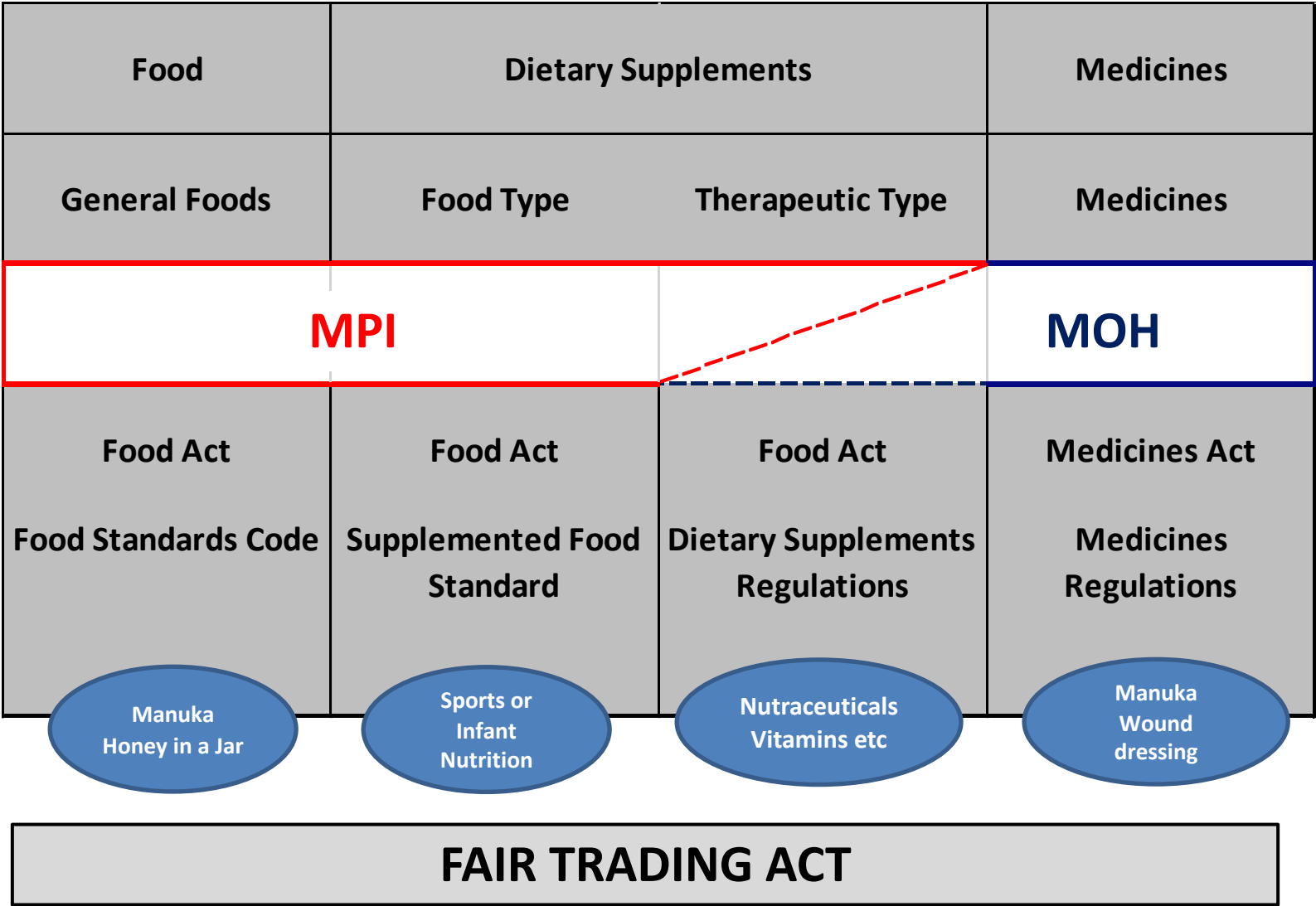
# Natural Health Products Bill-19 years.....



**still waiting...**



# NZs Current Regulatory Structure



**MPI** = Ministry for Primary Industries
 **MoH** = Ministry of Health



# We were nearly there – what happened .....

Condition of the coalition agreement at the time of the last election  
that the Bill was removed from the parliamentary order paper

Subsequently a private members bill introduced – not fit for purpose  
and was withdrawn

In mean time Dietary Supplements 1985 extended to March 2021

NHPNZ lobbying has resulted in a new plan now being worked on by  
the Ministry

Ready late 2020

May not meet next General Election deadline

Group of dissenters active

NHPNZ are hopeful

Ministries plan is:

To provide advice to Ministers

Starting with a survey of industry!





**Thank you**

**USA**



# **Four Issues for the U.S. Supplement Market** *(and how the industry is responding)*

Steve Mister

President & CEO

Council for Responsible Nutrition



# Four Issues for Discussion:

- Legalization of CBD



- *Supplement Facts* Changes



- FDA Modernization of Regs



- Retailer, Third-Party Certification



# 1. A Legal Pathway to Market CBD in Food and Dietary Supplements



- Prior to December 2018, all *cannabis sativa*, including both hemp and marijuana, was considered a Schedule 1 controlled substance in the U.S.
- The 2018 Farm Bill, a comprehensive package of legislation affecting agriculture, removed hemp and its non-THC constituents from the Controlled Substances Act. Article must contain <.3% THC.
- Many falsely viewed that new law as removing ALL legal barriers to the sale of hemp and CBD. It did not.





# CBD: Is it Legal in the US?



- FDA maintains CBD and “whole spectrum hemp extract” containing CBD, are prohibited from use in food or supplements for reasons unrelated to the CSA, its THC content, or its relationship to marijuana.
- FD&CA defines a “dietary ingredient” and expressly excludes any “article” that was first subject to substantial clinical investigations as a drug prior to being sold as a food or supplement. 21 USC §321(ff)(3)(B)
- But the provision also allows FDA to use its discretion through notice and comment rulemaking to allow use of the article a food or supplement—even if the drug was subject to substantial clinical investigations first.



# So Is It Legal, Or Not?



- FDA has issued numerous warning letters (but no further enforcement) against CBD products making illegal drug (disease) claims.
- The agency continues to insist CBD is illegal in food and supplements, but asserts it is open to exploring “a legal pathway to market.”
- Then FDA proposes that a regulatory pathway could take 3-5 years; a legislative approach from Congress may be faster.
- Meanwhile, FDA concedes it is exercising enforcement discretion and only prosecuting those cases where the product is making unlawful disease claims.



# How Does the Industry Respond?



- FDA Public Meeting scheduled for May 31.
- Most major retailers have resisted the temptation to sell food and supplements containing CBD; a couple are selling topical products without making claims.
- Small retailers and online platforms are selling CBD or whole hemp extract in all forms.
- CRN has announced it will consider CBD marketers for membership.
- Industry continues to pressure FDA and Congress to act, and to impose other supplement requirements on products marketed as supplements.



## 2. *Supplement Facts* Label Changes



- A 2017 FDA regulation mandates changes to the *Nutrition Facts* and *Supplement Facts* labels, effective January 2020.
  - The Percent Daily Values have changed for many nutrients to reflect updated science.
  - Added sugar must be disclosed prominently.
  - Fiber has been defined to eliminate some carbohydrates
  - International units (*iu*) have been replaced with milligrams (mg) or micrograms (mcg)
  - Folic acid listed as folate

### **Supplement Facts**

Serving Size 1 Capsule  
Servings Per Container 100



# How Industry Responds



- CRN launches an education campaign to address consumer and retailer questions and concerns about the impending changes to the *Supplement Facts* Label.
- The campaign will fill the knowledge gap and assure the label changes are expected, viewed positively and perceived as helpful.
- Messaging underscore that the dietary supplement industry is regulated.
- The label has not been updated in over 20 years. In that time, science has developed and the American diet has changed.
- *Supplement Facts* labels are changing to better provide information consumers need to make informed choices.





# Campaign Toolkit

- **www.BeLabelWise.org**
- **Fact Sheet**  
*Produced by CRN to guide discussions*
- **Infographic**  
*Produced by CRN/optimized for social sharing*
- **Microsite: BeLabelWise.org**  
*Produced by CRN to curate materials*
- **Explainer Video**  
*Created with outside vendor*
- **Social Media Content**  
*Produced by CRN for sharing by members/partners*
- **Bylines/Blog Posts**  
*Produced by CRN for partners to share*





# 3. FDA Recommendations to Modernize Dietary Supplement Regulation



**“ a routine part of the American lifestyle”**

*“I’ve personally benefitted from the use of dietary supplements”*

**“as a physician, [I] recognize the benefits of certain supplements ”**

“It’s clear to me that dietary supplements play an important role in our lives as we strive to stay healthy.”

“DSHEA imposes a number of requirements around the manufacture and labeling of dietary supplements.”

“we achieve the right balance between preserving consumer access...while...protect[ing] the public from unsafe and unlawful products.”



# FDA Recommendations



- Gottlieb's statement promised a public meeting this spring on "responsible innovation" to be held May 16<sup>th</sup>
- New rapid-response tool to alert consumers to unsafe products
- Updated compliance policy for NDIs
- Botanical Safety Consortium
- New enforcement strategies
- Additional steps "to modernize DSHEA":
  - Dietary supplement exclusivity
  - A product listing requirement



# How Industry Responds



- Industry preparing to raise issues around definition of dietary ingredients (e.g., “nutritive value,” synthetic botanical constituents, items that increase daily intake)
- Clarity around New Dietary Ingredients
  - Grandfather date that separates “old” and “new” ingredients
  - Alternatives to NDIs: in the food supply, GRAS self-affirmation
  - When is an ingredient chemically altered?
- How can FDA incentivize innovation?
  - Master files for NDIs and piggy-backing on supplier safety data
  - Actual enforcement of IP from a “public safety” agency



# FDA Proposes a Mandatory Registry

“A mandatory listing requirement could provide significant benefits by improving transparency in the marketplace and promoting risk-based regulation. It could also help facilitate efficient enforcement of the law and establish new mechanisms to identify bad actors who put the public at risk and undermine consumer confidence in the entire industry.”

*Statement of FDA Commissioner Scott Gottlieb, Feb. 11, 2019*

“This proposal would require all products marketed as “dietary supplements” to be listed with FDA and give FDA authority to act against non-compliant products and the manufacturers and/or distributors of such products. This would allow FDA to know when new products are introduced, quickly identify and act against dangerous or otherwise illegal products, and improve transparency and promote risk-based regulation.”

*FDA Justification for Budget Estimates, Statement to Congress, March 18, 2019*



# FDA asks:

“[I]s it possible to design a product listing regime that helps us protect consumers and level the playing field for responsible industry participants by making it easier for us to take swift action against illegitimate and dangerous products, such as products that are tainted with drug ingredients? And is it possible to do this without disrupting the balance struck by DSHEA, and without imposing any significant new burdens on responsible firms? The answer to these questions may very well be yes.”

*Statement of FDA Commissioner Scott Gottlieb, Feb. 11, 2019*



# A Mandatory Product Listing: How Industry Responds

- The U.S. voluntary industry registry, the ***Supplement OWL***, launched in 2017, continues to grow.
- Industry evaluating the concept of an FDA-administered database and developing a position.
- Consideration given to “must-haves” from FDA and possible trade offs and concessions. Stay tuned....





## 4. Retailer Demands for Quality Assurance / Third-Party Certification



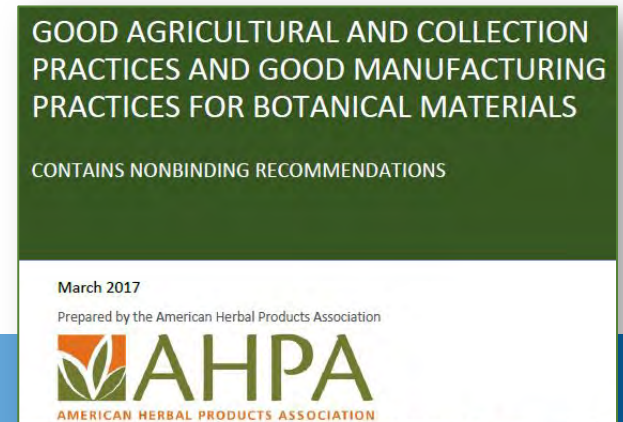
- Retailers increasingly imposing their own requirements for quality and certification of GMPs, in addition to federal regulations.
- Increasing need for harmonized standards for third party audits for GMP certification and supply chains to create uniformity of audit standards and create efficiencies for both manufacturers and retailers.



# How Industry Responds



- Industry-led initiatives to develop harmonized standards for both supply chain quality/integrity and for GMP inspections
- Benchmarking of third party standards and certification of the auditors.
- Encouraging major retailers to forestall their own requirements for widely agreed upon standards to promote efficiency as well.





- New ANSI-accredited standards to evaluate a dietary supplement firm's adherence to cGMPs.
- Coming soon: Auditing scheme using these standards and trained auditors accepted by retailers as satisfying their cGMP requirements.





# Thanks for listening!

For more information, see our website at [www.crnusa.org](http://www.crnusa.org)  
or contact me at [smister@crnusa.org](mailto:smister@crnusa.org)

